

Day And Night

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Derek Robinson (UK) - October 2017
音乐: The Best Part of the Day Is the Night - The Outlaws : (iTunes, amazon)



'For Rita'

#16 count intro. No tags or restarts

Sec 1: SIDE, TOGETHER, CHASSE ¼ TURN BACK, SIDE, TOGETHER, CHASSE ¼ TURN FORWARD

1-2 Step right to right side, step left beside right
3&4 Step right to right side, step left beside right, make ¼ turn left stepping back on right (9.00)
5-6 Step left to left side, step right beside left
7&8 Step left to left side, step right beside left, make ¼ turn left stepping forward on left (6.00)

Sec 2: CHARLESTON STEPS x 2, PIVOT ½ TURN, STEP, SCUFF x 2

1-2 Touch right toe forward, step back on right
3-4 Touch left toe back, step forward on left
5-6 Step forward on right, pivot ½ turn left (12.00)
7&8& Step forward on right, scuff left forward, step forward on left scuff right forward

Sec 3: SYNCOPATED WEAVE LEFT, SIDE ROCK, BEHIND, ¼ TURN, STEP

1-2 Cross right over left, step left to left side
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock to the left side on left, recover onto right
7&8 Cross left behind right left, turn ¼ right stepping forward on right, step forward on left (3.00)

Sec 4: ¼ MONTEREY TURN x 2, RIGHT & LEFT HEEL STRUTS, RIGHT ROCKING CHAIR

1& Touch right toe to right side, make ¼ turn right stepping right beside left (6.00)
2& Touch left toe to left side, step left beside right
3& Touch right toe to right side, make ¼ turn right stepping right beside left (9.00)
4& Touch left toe to left side, step left beside right
5&6& Step forward on right heel, drop toe, step forward on left heel. drop toe
7&8& Rock forward on right, recover onto left, rock back on right, recover onto left

Begin Again