

Sixteen

拍数: 32 墙数: 4 级数: Beginner
编舞者: Shelley Glockner (USA) - October 2017
音乐: Sixteen - Thomas Rhett



Intro: Starts on lyrics

[1-8] Step lock shuffle R&L

1, 2 Step RF forward, step LF behind R
3&4 Step RF forward, step LF next to RF, step RF forward
5, 6 Step LF forward, step RF behind LF
7&8 Step LF forward, step RF next to LF, step LF forward

[9-16] 1/2 turn pivot, step touch x2, 1/4 turn pivot

1, 2 Step RF forward, make 1/2 turn L changing weight to LF
3, 4 Step RF forward, touch L toe next to RF
5, 6 Step LF forward, touch R toe next to LF
7, 8 Step RF forward, make 1/4 turn L changing weight to LF

Restart here on walls 3 and 6

[17-24] Lindy R&L

1&2 Step RF side, step LF next to RF, step RF side
3, 4 Step LF behind RF, recover weight to RF
5&6 Step LF side, step RF next to LF, step LF side
7, 8 Step RF behind LF, recover weight to LF

[25-32] 1/4 pivot x2, skate forward x2, kick ball change

1, 2 Step RF forward, make 1/4 turn L changing weight to LF
3, 4 Step RF forward, make 1/4 turn L changing weight to LF
5, 6 Step RF forward, step LF forward (making 'skating' motion)
7&8 Kick RF forward, recover weight to RF, step LF next to RF

Tag: at end of wall 7, Right rocking chair

1, 2 Step RF forward, recover weight to LF
3, 4 Step RF back, recover weight to LF

Have fun!

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