

Gonna Cost Ya (aka Love So Soft)

COPPER KNOB
BY STEPHEN

拍数: 80 墙数: 4 级数: Phrased Intermediate
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音乐: Love So Soft - Kelly Clarkson : (Album: Meaning of Life - single available)



Intro 16 counts (7 sec) to start with lyrics. Phrasing: AAB AAB ABB

Note: all clock references are assuming 12:00 as your starting position at the top of that section... regardless of your original 12:00 position in the room or which wall you are facing

SECTION A: 32 counts

A[1-8] Side, Rock, Recover, Quarter, Hold, Slow Chase Turn

1,2,3-4 1) Step side L; 2) Rock R behind L; 3) Recover weight onto L ; 4) Turn 1/4 R stepping forward R [3:00]
5,6,7-8 5) Hold; 6) Step forward L; 7) Turn 1/2 right step shifting weight forward R [9:00]; 8) Step forward L

A[9-16] Hold, Half, Half, Step, Pivot Half, Step, Half, Quarter

1,2,3,4 1) Hold; 2) Turn 1/2 left stepping back R [3:00]; 3) Turn 1/2 left stepping forward L [9:00]; 4) Step forward R
5,6,7-8 5) Pivot 1/2 left shifting weight forward L [3:00]; 6) Step forward R; 7) Turn 1/2 right stepping back L [9:00]; 8) Turn 1/4 right stepping side R [12:00]

A[17-24] Cross, Point/Touch, Behind, Point/Touch, Syncopated Jazz Box, Twist

1,2,3,4 1) Step L across R; 2) Point/touch side R; 3) Step R behind L; 4) Point/touch side L
5,6&7,8 5) Step L across R; 6) Step back R; &) Step side L; 7) Step side R; 8) Twist both heels left slightly

A[25-32] Twist-Twist-Quarter Hitch, Step-Lock-Step, Quarter, Half, Quarter, Touch

1&2 Staying over balls of feet: 1) Twist heels right; &) Twist heels left; 2) Twist heels right turning 1/4 left taking weight on R (bent knee for slight sit or bump) and hitching L [9:00]
3&4 3) Step forward L; &) "Lock" step R behind L; 4) Step forward L
5,6 5) Turn 1/4 left stepping back R [6:00]; 6) Turn 1/2 left stepping forward L [12:00]
7,8 7) Turn 1/4 left stepping side R [9:00]; 8) Touch together L

SECTION B: 48 counts

B[1-8] Stanky Leg (x2), 1/4 Turning Jazz Box

1,2 Stanky Leg: 1) With body and R foot angled right, bend both knees and lean forward slightly from hip and push-slide L foot to back left diagonal; 2) bring L foot back in next to R
3,4 Stanky Leg: 3,4) Repeat 1,2 above
5,6,7,8 5) Straighten up while stepping L across R; 6) Turn 1/8 left stepping back R [11:00] ; 7) Turn 1/8 left stepping side L [9:00]; 8) Step slightly forward R

B[9-16] Swan Skate (x2), Fwd Rock, Back Recover/Sweep, Back/Sweep, Back/Hitch

1-2 1-2) Slow (2ct) skate step L with slight head/shoulders scoop (subtle down then up with head/shoulders)
3-4 3-4) Slow (2ct) skate step R with slight head/shoulders scoop (subtle down then up with head/shoulders)
5,6 5) Rock forward L; 6) Recover back R as you sweep L from front to back
7,8 7) Step back L as you sweep R from front to back; 8) Step back on R hitching L up with body slightly angled to left diagonal (this is a strong accent in the music, so style it accordingly!)

B[17-24] Diagonal Step, Push, Step, Touch, Turning Step, Push, Step, Touch

These next 8 counts are like a grab & pull

- 1,2 1) Step forward L towards left diagonal straightening R leg to push R hip up; 2) Step R just behind L heel
- 3,4 3) Step forward L towards left diagonal straightening R leg to push R hip up; 4) Touch R together squaring up
- 5,6 5) Turn 1/4 right stepping forward R straightening L leg to push L hip up [12:00]; 6) Step L just behind R heel
- 7,8 7) Turn 1/4 right stepping forward R straightening L leg to push L hip up [3:00]; 8) Touch L together

B[25-32] Side Body Roll L, Side Body Roll R, Body Roll Down, Body Roll Up/Step

- 1-2 1-2) Side or snake body roll to left taking weight on L (alt: shoulder roll to left, take weight on L)
- 3-4 3-4) Side or snake body roll to right taking weight on R (alt: shoulder roll to right, take weight on R)
- 5-6 5-6) Back/Downward body roll shifting slight right diagonal taking weight on L (alt: shoulder roll, "sit" take weight on L)
- 7-8 7-8) Body roll up shifting weight forward on R (alt: push up and forward to take weight forward on R)

B[33-40] Stiff Booty Walk: Fwd, Fwd, Side, Side

This is a slow stiff-legged walk with a bounce in the booty/pelvis. It should remind you of a "monster walk" with a little more rhythm...lol.

- 1&2& 1) Step L foot forward pushing booty forward; &) Pull booty back slightly; 2) Push booty forward taking full weight on L; &) Pull booty back slightly
- 3&4& 3) Step R foot forward pushing booty forward; &) Pull booty back slightly; 4) Push booty forward taking full weight on R; &) Pull booty back slightly
- 5&6& 5) Step L foot side pushing booty over L leg; &) Pull booty back slightly; 6) Push booty over L leg taking full weight on L; &) Pull booty back slightly
- 7&8& 7) Step R foot side pushing booty over R leg; &) Pull booty back slightly; 2) Push booty over R leg taking full weight on R; &) Pull booty back slightly

B[41-48] 1/4 Turn Stiff Booty Walk Fwd, Fwd, Side, Side

- 1-6& 1-6&) Turn 1/4 left [12:00] to repeat steps 33-33& above
- 7,8 7) Step R foot side pushing booty over R leg; 8) Touch L together

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