

For It

拍数: 32 墙数: 2 级数: Beginner
编舞者: Stefano Civa (IT) - October 2017
音乐: I Hate For It by Chad Brownlee



Start dancing on lyrics

WIZARD STEP, STEP TURN, STEP, LOCK, SHUFFLE FORWARD

1-2& Step right diagonally right forward, cross left behind right, step right forward
3-4 Step left forward, ½ turn right
5-6 Step left forward, lock right
7&8 Shuffle forward, left, right, left

STEP FWD, TURN ¼ LEFT, ROCK STEP, TOE STRUT ½ TURN, ROCK and CROSS ¼ TURN

1-2 Step right forward, turn ¼ left
3-4 Step right forward, recover to left
5-6 Toe strut right ½ turn right
7&8 Rock step side ½ turn right and cross left over right

WAVE, ROCK and CROSS, FLICK, SCUFF, HITCH JUMP, STOMP, SWIVEL, SWIVEL TURN

1&2& Step right side, cross left behind, step right side, cross left over right
3&4 Rock Side and cross right over left
&5&6 Flick left, scuff left, hitch left jumping, stomp left
7&8 Swivel left (heel to left, point to right), return to center, swivel ½ turn right

HEEL BOUNCE ¼ TURN LEFT x 2, SAILOR STEP ¼ TURN, STEP, HOOK, STEP, HOOK, ¼ TURN LEFT

1-2 Heel bounce ¼ turn left, heel bounce ¼ turn left
3&4 Sailor step left ¼ turn left
5&6& Step right forward, hook back left, step left back, hook right forward
7-8 Step right forward, turn ¼ left

REPEAT

RESTART Restart on 3th wall after 24 counts (at 6:00)

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