

Chills

拍数: 32 墙数: 4 级数: Improver
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音乐: Chills - James Barker Band : (Album Game On - Amazon online stores)



(16 count intro just before singing starts)

Sec 1: Walk forward, side ($\frac{1}{8}$ turn, L), close, cross, ($\frac{1}{8}$ turn R) side, triple crossover.

1 – 2 Walk forward right, left.
&3 – 4 Make $\frac{1}{8}$ turn left stepping right foot to the side, close left to right, step right foot across left.
5 – 6 Make $\frac{1}{8}$ turn right stepping left foot to the side, step right behind left.
&7&8 Step left to the side, step right across left, step left to the side, step right across left.

Sec 2: Side rock, recover, weave left, side hip bumps, sailor $\frac{1}{4}$ turn left.

1 – 2 Rock left foot out to the left side, recover onto right,
3&4 Step left behind right, step right to the side, step left across right.
5&6 Step right to the side hip bump right, hips left, hip bump right.
7&8 Sweep left behind right turning $\frac{1}{4}$ left. Step right to the side. Step left forward.

Sec 3: $\frac{1}{4}$ turn left, triple crossover, $\frac{3}{4}$ turn right, shuffle forward.

1 – 2 Step right foot forward, make a $\frac{1}{4}$ turn left (weight ends on left).
3&4 Step right across left, step left to the side, step right across left
5 – 6 Make $\frac{1}{4}$ turn right and step left foot back, $\frac{1}{2}$ turn right and step right foot forward.
7&8 Shuffle forward L, R, L. (smaller steps so as not to travel too much)

Sec 4: Rock forward, recover, heel switches back, close, rock forward, recover, coaster step.

1 – 2 Rock right foot forward, recover back onto left.
&3&4 Small step back right, touch left heel forward, small step back left, touch right heel forward.
&5 – 6 Close right next to left, rock left forward, recover back onto right.
7&8 Step left foot back, close right next to left, step left foot forward.

Restart on wall 4 after counts 7&8 of section 2 (wall 5 will then start facing 6 o'clock).

Ending on the last wall of the dance you will start facing 12 o'clock

Replace counts 5 – 6 of section 3 with $\frac{1}{2}$ turn to the right instead of a $\frac{3}{4}$. this will turn you to the front carry on with dance until music ends.

Optional finger clicks in time with hips bumps in section 2,

5&6 Swing right hand to the side click, in, out click, (all at hip level)