Left With My Heart



拍数: 60 **墙数**: 2 **级数**: Waltz

编舞者: Curtis Smith (USA) - September 2017

音乐: Left With My Heart - Brushwood: (Album: Learn To Dance - Amazon)



#12 Count Intro:

S(1) DIAGONAL TWINKLES

Step L Diagonally Forward Over R, Step R To Side, Step L Next To R
Step R Diagonally Forward Over L, Step L To Side, Step R Next To L

S(2 &3) DIAMOND PATTERN WITH BASIC WALTZ STEPS

You Will Be Making A Diamond Pattern (Like In Baseball) Starting By Angling Toward 3rd Base, Then 2nd, Then 1st, And Lastly Home Plate.

1-3 3rd Base L-R-L Facing (9)

4-6 2nd Base R-L-R (Backing Up) Facing (6)

1-3 1st Base L-R-L Facing (3)

4-6 Home Base R-L-R (Backing Up And Facing 12'oclock Wall

S(4) BASIC WALTZ STEPS FORWARD AND BACK

1-3 Step L Forward, Step R Slightly Forward Of L, Step L Together With R
4-6 Step R Back, Step L Back Slightly Past R, Step R Together With L (12)

S(5) CROSS ROCK, RECOVER X2

1-3 Cross Rock L Over R, Recover Weight To R, Step Left To Left Side
4-6 Cross Rock R Over L, Recover Weight To L, Step R To Right Side (12)

S(6) CROSS ROCK, 1/4 TURN TO LEFT

1-3 Cross Rock L Over R, Recover Weight To R, Step On L Making ¼ Turn To The Left,

4-6 Rock To Right On R, Recover Weight To L, Cross Step R Over L (9)

S(7) WEAVE, CROSS ROCK, RECOVER

1-3 Step L To Left, Step R Behind Left, Step L To Left

4-6 Cross Rock R Over L, Recover Weight To L, Step R To Right Side (9)

S(8) WEAVE, STEP SIDE, TOUCH

1-3 Cross Step L Over R, Step R To Right Side, Step L Behind R
4-6 Step R To Right Side, Slide L To R, Touch L Next To R (9)

S(9) SIDE STEP, STEP BEHIND, 1/4 TURN LEFT, BASIC FORWARD

1-3 Step L To Left, Step R Behind L, Step On L Making A ¼ Turn To Left (6)

4-6 Step R Forward, Step L Forward, Step R Forward

S(10) STEP FORWARD, TOUCH, HOLD, STEP BACK, TOUCH, HOLD

1-3 Step L Forward, Touch R At Slight Diagonal Forward, Hold
4-6 Step R Back, Touch L At Slight Diagonal Back, Hold

START OVER

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