

Goosebumps

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jamie Marshall (USA), Aly Glasier & Jack Swanson - October 2017
音乐: Goosebumps - Meghan Trainor



Restart after 48 Counts on Wall 2

#32 Count Intro

A. JAZZ CROSS, TRIPLE, APPLE JACKS

- 1,2,3,4 Cross R over L (1), Step L back (2), Step R to R (3), Cross L over R (4)
5&6 Step R to R (5), Step L next to R (&), Step R to R (6)
7& With weight on ball of R and heel of L, swivel R heel to L as fanning L toes to L (7), Return to center (&)
8& With weight on ball of L and heel of R, swivel L heel to R as fanning R toes to R (8), Return to center (&)

(Weight ends on L) (12:00)

B. SIDE ROCK, RECOVER ¼ L WITH FLICK, TRIPLE, FORWARD ROCK, RUN BACK

- 1,2 Rock R to R (1), Recover onto L, turning ¼ L, flicking R (2), (9:00)
3&4 Step R forward (3), Step L next to R (&), Step R forward (4)
5,6 Rock L forward (5), Recover onto R (6)
7&8 Quick step L back (7), Quick step R back (passing L), Quick step L back (8) (9:00)

C. POINT R, PIVOT ¼ R, ARMS, HEEL/TOE SWIVELS, ¼ L TURN

- 1,2 Point R to R (1), Turn ¼ R, stepping R next to L (2) (12:00)
3,4 Raise R (relaxed) arm out and up, as lower L arm (3), Raise L (relaxed) arm out and up, as lower R arm (4)
5&6& Swivel R toe to R (5), Swivel R heel to R (&), Swivel R toe to R (6), Swivel R heel to R (&)
(weight on L)
7,8 Step R to R, sliding L towards R (7), Turn ¼ L, stepping L next to R, popping R knee, as extend L arm out "stop" (8) (9:00)

D. WALK, WALK, ROCK, RECOVER, STEP, ¼ PIVOT L, CROSSING TRIPLE

- 1,2,3,4 Step R forward (1), Step L forward (2), Rock R back, looking over R shoulder (3), Recover onto L, looking forward (4)
5,6 Step R forward (5), Pivot ¼ L, stepping L to L (6) (6:00)
7&8& Cross R over L (7), Step L to L (&), Cross R over L (8), Step L to L (&)

E. JAZZ TRIANGLE, HEEL/TOE SWIVELS

- 1,2,3,4 Cross R over L (1), Step L back (2), Step R to R (3), Step L next to R (4)
5&6& Swivel heels R (5), Swivel toes R (&), Swivel heels R (6) Swivel toes R (&)
7&8& Swivel toes L (7), Swivel heels L (&), Swivel toes L (8), Swivel heels L (&)

F. STEP, HITCH, STEP, HOOK, LOCK STEP, R CHASE TURN, KNEE POPS WITH HANDS MOTION

- 1&2& Step R forward (1), Hitch L behind R (&) Step L back (2), Hook R over L (&)
3&4 Step R forward (3), Lock L behind R (&), Step R forward (4)
5&6 Step L forward (5), Turn ½ R, stepping R in place (&), Step L forward (6) (12:00)
7,8 Turn 1/8 L, touching R next to L with knee pop, raising both arms, (jazz hands, palms out, hiding eyes) (7), Pull arms outward to show eyes (8) (weight on L) (10:30)

**Restart here on Wall 2

G. ROCK, RECOVER, RUN BACK, TOUCH, ½ TURN, RUN BACK

- 1,2 Rock R forward (1), Recover onto L (2)
3&4 Quick step R back (3), Quick step L back, passing R (&), Quick step R back (4)
5,6 Touch L toe back (5), Turn ½ L, taking weight onto L (6) (4:30)
7&8 Quick step R back (7), Quick step L back, passing R (&), Quick step R back (8) (4:30)
***Note: Music slows down here towards the end of the song...just keep dancing same tempo.**

H. STEP, TOUCH, STEP, TOUCH, WALK, WALK, TRIPLE

- 1,2,3,4 Step L back (1), Touch R next L (2), Step R forward (3), Touch L next to R (4) (4:30)
5,6 Turn ¼ L, stepping L forward (5) (1:30), Turn ¼ L, stepping R forward (6) (10:30)
7&8 Turn 1/8, stepping L forward (7), Turn 1/8 L, stepping R next to L (&), Turn 1/8 L, stepping L forward (8) (6:00)

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