

It Breaks My Heart

拍数: 32 墙数: 4 级数: Improver
编舞者: Audrey Watson (SCO) - October 2017
音乐: So Sad - The Everly Brothers : (iTunes)



Intro: 12 Counts

S1. Crossing Samba x 2 Travelling Forward, Fwd Tap & Back Back.

1&2 Cross right over left, rock left to left side, recover on right.
3&4 Cross left over right, rock right to right side, recover on left.
5-6 Step fwd on right, touch left toe behind right foot.
&7-8 Step back on left, Step right next left, step back on left.

S2. ¼ Turn Jazz Box Cross, Side Behind, Chasse ¼ Turn. left

1-2 Turn ¼ right stepping right to right side, cross left over right.
&3-4 Step back on right, step left next right, cross right over left.
5-6 Step left to left side, cross right behind left.
7&8 Step left to left side, close right next left, turn ¼ left stepping fwd on left.

S3. Rock ¼ Turn, Cross Shuffle, ½ Turn, Kick Ball Step.

1-2 Rock fwd on right turn ¼ left recovering on left.
3&4 Cross right over left, step left to left side, cross right over left.
5-6 Turn ¼ right stepping back on left, turn ¼ right stepping fwd on right.
7-8 Kick left foot fwd, step down on ball of left, step right foot fwd.

S4 Cross Back Side x 2, Fwd Rock Triple Full Turn (option Coaster Step)

1&2 Cross left over right, step back on right, step left next right.
3&4 Cross right over left, step back on left, step right to right side.
5-6 Rock fwd on left, recover on right.
7&8 Triple full turn left stepping, left, right, left. (Option Left Back coaster step)

Enjoy
