

Get Off The Train

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Eddie J (IRE) - October 2017
音乐: Train Wreck (Remix) (feat. Vince Gill) - Marlee Scott



(1-4) RIGHT SAILOR STEP, LEFT SAILOR STEP

1&2 Right Behind (1)-Left In Place (&)-Right Beside Left (2)
3&4 Left Behind (3)-Right In Place (&)-Left Beside Right (4)

(5-8) RIGHT LOCK STEP, RIGHT SHUFFLE FORWARD

5-6 Step Right Diagonally (5), Slide Left In Behind Right (6)
7&8 Right Forward (7)-Left Together (&)-Right Forward (8)

(9-12) LEFT LOCK STEP, LEFT SHUFFLE FORWARD

9-10 Step Left Diagonally (9), Slide Right Behind Left (10),
11&12 Left Forward (11)-Right Together (&)-Left Forward (12)

(13-16) RIGHT MAMBO STEP, LEFT COASTER STEP ¼ TURN

13&14 Small Step Right Forward (13)-Left In Place (&)-Right Beside Left (14)
15&16 Left Behind Right (15)-Right In Place (&)-1/4 Left Stepping Left Forward Slightly(16) (9.00)

RESTART: At This Point Re-Start The Dance On Wall 7

(17-20) RIGHT ROCK STEP FORWARD, RIGHT SIDE ROCK STEP

17-18 Rock Right Forward (17), Recover Onto Left (18),
19-20 Side Rock Right To Right Side (19), Recover Onto Left (20)

RESTART: At This Point Re-Start The Dance On Walls 4, 9, 13

(21-24) STEP RIGHT CROSS, LEFT SIDE, RIGHT BEHIND-SIDE-CROSS

21-22 Step Right Crossing In Front Of Left (21), Step Left To Left Side (22)
23&24 Right Behind Left (23)-Left To Left Side (&)-Step Right Across Left (24)

(25-28) LEFT SIDE ROCK, LEFT BEHIND-SIDE-CROSS

25-26 Side Rock Left To Left Side (25), Recover Onto Right (26),
27&28 Left Behind Right (27)-Right To Right Side (&)-Cross Left In Front Of Right (28)

(29-32) RIGHT KICK-BALL-CROSS, RIGHT SIDE ROCK

29&30 Kick Right Forward (29)-Stepping Onto Ball Of Right (&)- Cross Left Over Right (30)
31-32 Side Rock Right To Right Side (31), Recover On To Left (32)

Enjoy The Music And Dance

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