

Banca Banca

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sally Hung (TW) - October 2017
音乐: Banca Banca - E-Type



Sequence of dance:-

Restart after finishing S2 of Wall 3, facing 6:00

Restart after finishing S2 of Wall 7, facing 9:00

Intro: 32 counts after heavy beats

S1. FWD ROCK, RECOVER, BACK SHUFFLE, WALK BACK LRL, POINT

1,2,3&4 Rock R fwd, recover onto L, back shuffle on RLR
5,6,7,8 Walk back on L-R-L, touch R to R side with hip bump to R

S2. CROSS, SIDE, BEHIND, FLICK, CROSS, SIDE, BEHIND, FLICK

1,2,3,4 Cross R over L, step L to L, cross R behind L, flick L
5,6,7,8 Cross L over R, step R to R, cross L behind R, flick R

S3. CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE

1,2,3&4 Rock R across L, recover onto L, side shuffle on RLR
5,6,7&8 Rock L across R, recover onto R, side shuffle on LRL

S4. SIDE, ¼ L, FWD SHUFFLE, SIDE ROCK, RECOVER, TRIPLE STEP

1,2,3&4 Step R to R side, ¼ turn L, fwd shuffle on RLR
5,6,7&8 Rock L to L side, recover onto R, triple step on LRL

*** After finishing Wall 12, we add 4 counts for ending:**

1,2,3&4 Step R fwd, pivot ½ turn L, kick R fwd, step on ball of R in place, touch L to L side

Happy Dancing!

Contact Sally Hung: hung1125@gmail.com