

# Ride Me Down Easy

COPPER KNOB  
BY STEPHEN

拍数: 64                      墙数: 2                      级数: Novice - Country  
编舞者: Tjwan Oei (NL) - October 2017  
音乐: Ride Me Down Easy – by Bernie Heaney - also by CC Cooper



## S01: Toe strut to the right side – Chasse – Step ¼ turn left back – Touch

1&2&                      RF. step toe to right side – RF. set heel down – LF. cross toe over RF, - LF. set heel down  
3&4&                      RF. step toe to right side – RF. set heel down – LF. cross toe over RF. – LF. set heel down  
5&6                      RF. step to right side – LF. step together – RF. step to right side  
7-8                      LF. step ¼ turn left back – RF. touch beside LF. [9]

## S02: Step diag . right forward – Lock behind – Shuffle fwd . – Rock forward – Recover – Coaster step

1-2                      RF. step diagonally to right forward – LF. lock behind RF.  
3&4                      RF. step forward – LF. step together – RF. step forward  
5-6                      LF. rock forward – Recover weight onto RF.  
7&8                      LF. step back – RF. step together – LF. step forward

## S03: Step to right side – Cross behind – Side step – Cross over – Step ¼ turn left back – Vine to left with ¼ turn right – Touch

1-2                      RF. step to right side – LF. cross behind RF .  
3&4                      RF. step to right side – LF. cross over RF. – RF. step ¼ turn left back [6]  
5-6                      LF. Step to left side – RF. cross behind LF.  
7-8                      LF. step ¼ turn right to left side – RF. touch beside LF. [9]

## S04: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2                      RF. step forward – Recover weight onto LF.  
3-4                      RF. step back – Recover weight onto LF.  
5-6                      RF. step forward – RF./LF. step ½ turn left [3]  
7-8                      RF. step forward – RF./LF. step ¼ turn left [12]

## S05: Military full turn ( Right turning )

1-2                      RF. step ¼ turn right forward – LF . step together [3]  
3-4                      RF. step ¼ turn right forward – LF. step together [6]  
5-6                      RF. step ¼ turn right forward – LF. step together [9]  
7-8                      RF. step ¼ turn right forward – LF. step together [12]

## S06: Rock fwd . – Recover – Shuffle ½ turn right – Step ¼ turn right fwd . – Together – Right cross shuffle

1-2                      RF. rock forward – Recover weight onto LF .  
3&4                      RF. step ¼ turn right forward – LF. step ¼ turn right forward – RF. step together beside LF.  
[6]  
5-6                      LF. step ¼ turn right to left side – RF. step together [9]  
7&8                      LF. cross over RF. – RF. step to right side – LF. cross over RF .

## S07: Walk forward ( R – L – R ) – Kick forward – Walk back ( L – R ) – Coaster step

1-2                      RF. step forward – LF. step forward  
3-4                      RF. step forward – LF. kick forward  
5-6                      LF. step back – RF. step back  
7&8                      LF. step back – RF. step together – LF. step forward

## S08: Cross over – Step back – Step to right side – Cross over – Step ¼ turn left back – Rock back – Rec . – Shuffle forward

1-2                      RF. cross over LF. – LF. step back  
3&4                      RF. step to right side – LF. cross over RF. – RF. step ¼ turn left back [6]

5-6 LF. rock back – Recover weight onto RF.  
7&8 LF. step forward – RF. step together – LF. step forward

**REPEAT :**

**After wall Three – Dance Section 05 till the end .**

**END :**

**Sung by Bernie Heaney : Dance Section 08 till the end – Sung by CC Cooper : Dance Section 07 & 08 till the end .**

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