

Time Warp

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Beginner, Seasonal performance
编舞者: Britt Beresik (USA) - October 2017
音乐: Time Warp - Little Nell, Patricia Quinn & Richard O'Brien : (from The Rocky Horror Picture Show)



**** (Inspired by the dancing on "Rocky Horror Picture Show")**

Hold first 8 count, start on vocals

ORDER- A1, A2, A1, B1, (PAUSE) B2, A1, A2, A1, B1, A1, B1, (PAUSE) B2

Part A1 - Verse: Charlestons, Chugs, Twists, Knees

[Three '8 counts']

1-4 Charleston: Step forward R, Kick L, Step back L, tap back R

5-8 Charleston: Step forward R, Kick L, Step back L, tap back R

1-4 CHUGS- Plant L foot, and do 4 Paddle turns using R foot (R, R, R, R) with ½turnL

5-8 CHUGS- Plant R foot, and do 4 Paddle turns using L foot (L, L, L, L) with ½turnR

1&2& 4 twists with feet together traveling L: Heels, Toes, Heels, Toes

3&4& 4 twists with feet together traveling R: Toes, Heels, Toes, Heels

5&6& 4 twists in place with weight on toes: Heels L, R, L, R

7&8& 4 wrist flicks DOWN in front of self with open palms on each count, while simultaneously "winging" knees IN on each count (feet stay together)

Part A2 - Verse addition, slow sliding K step

[One '8 count']

1-2 Slide forward R diagonal, tap L & clap

3-4 Slide back L diagonal, tap R & clap

5-6 Slide back R diagonal, tap L & clap

7-8 Slide forward L diagonal, tap R & clap

Part B1 - "Let's Do The Time Warp" Transition

[Two '8 counts']

[1-8]: (Facing front with body angled to R diagonal)

1-2 Step R to side, cross L over R;

3-4 Step R to side, cross L over R;

5-6 Step R to side, cross L over R;

7-8 Step R to side, Step L together with R (squaring off to front)

***Hands go diagonally up to R on R step, Hands go to diagonally down to L on L cross.....while wiggling fingers...**

[1-8]: (Facing front with body angled to L diagonal)

1-2 Step L to side, cross R over L;

3-4 Step L to side, cross R over L;

5-6 Step L to side, cross R over L;

7-8 Step L to side, Step R together with L (squaring off to front)

***Hands go diagonally up to L on L step, Hands go to diagonally down to R on R cross.....while wiggling fingers...**

Part B2 - It's Just A Jump [CHORUS]

[Five '8 counts']

(Start on Music after words "Jump to the Left")

1-4 Jump Left (1) & Hold (3-4); while shimmy hands from high to low (1-4)

5&6& 7-8	Weight on L, Tap R foot only (moving arms with R foot)- Out, In, Out, In, Step R foot Out (Hold 8), arms Out and Low
1-2	Feet Hold; Shimmy hands inwards, up, around, out;
3-4	Feet Hold; Slap hands onto hips on 3, Hold 4
5-8	Hold 5-6, Twist knees and feet inward with JUMP on 7, Hold 8
1-2	Lean Back, recover
3-4	Lean Back, recover
5-8	Full Circle upper body around to Right, while bouncing shoulders
1-2	Jump in place, Hold
3-4	Turning¼R (3:00) with Jump, Hold
5-8	Shoot R hand straight up on 5, shimmy with straight arm down 6-8, bounce in the knees
1-2	Turning¼L (12:00) with Jump, Hold
3-4	Turning¼L (9:00) with Jump, Hold
5-8	Shoot L hand straight up on 5, shimmy with straight arm down 6-8, bounce in the knees

At end of song, collapse in a slow slinky fall to the floor! Have fun!

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