

Stop & Stare

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Michael O'Shea (IRE) - October 2017
音乐: Club Can't Handle Me (feat. David Guetta) - Flo Rida



Start on main vocals when the heavy beat kicks in. #96 Counts

S1: Reverse ½ turn, press, jump back, ¼ turn, touch, side touch & twist

1-2 touch right toe back, reverse ½ turn over right shoulder stepping onto right
3&4 step fwd onto left, jump slightly back right, left
5-6 step right ¼ turn left, touch left beside right
&7&8 step left to left side, close right to left, twist right toes to the right while twisting left heel to left, Return feet to center.

S2: Kick ball change, step, ¼ turn scissor step, hold & cross

1&2 Kick right foot fwd, step onto ball of right foot, step onto left (kick, ball, change)
3 step fwd right
4-5-6 step fwd left, turn ¼ turn right, cross left over right
7&8 HOLD, step right to right(&), cross left over right

Styling Note: On the verses for a bit of fun steps 7&8 can be replaced by two side jumps 7-8 as you fan your hand (up-down-up-down) at shoulder height.

S3: Side, sailor step, behind, ¼ turn, ½ turn, ¼ turn, step fwd

1 step right to right
2&3-4 rock left behind right, step right to right, step left to left (sailor step), step right behind left
5-6 step left ¼ turn left, turning ½ turn left step back onto right
7-8 turning ¼ turn left step left to left side, step fwd right

Note: To omit the turn steps 5-8 can be replaced by side, behind, side, step fwd. (6.00)

S4: Switch turn, step, back rock, walk Right, left, ¼ turn point & cross

1-2 Step fwd left, pivot ½ turn right
3&4 step fwd left, rock back onto right (&), replace weight to left
5-6 walk fwd right, left
7&8 turning ¼ turn left point right toe to right side, close right beside left(&), cross left over right

S5: Side, sailor ¼ turn step, step, ½ turn, ¼ turn, cross shuffle

1 step right to right side
2&3-4 rock left behind right, step right to right, step left ¼ turn left (¼ sailor step), step fwd right
5-6 turning ½ turn right step back on left, step right ¼ turn left
7&8 cross left over right, step right to right side, cross left over right (3.00)

S6: Side, back rock & cross, step ¼, walk back R, L, R

1-2-3 step right to right side, rock back left, replace weight to right
&4 step left slightly to left side(&), cross right over left
5-6-7-8 turning ¼ turn right step back on left, walk back right, left, right

S7: ¼ turn side, Hold & cross, side, ½ hinge turn, hold & cross, side

1-2 step left ¼ turn left, HOLD
&3-4 step onto right(&), cross left over right, step right to right side
5-6 turning ½ turn left step left to left side, HOLD
&7-8 step onto right(&), cross left over right, step right to right side

S8: ¼ turn slow mambo step, Hold, ½ turn, touch, unwind ½ turn

1-2-3-4 turning ¼ turn left rock back on left, replace weight to right, step fwd left, HOLD
5-6 turning ½ turn left step back on right, touch left beside right
7-8 unwind 1/2 turn left over 2 counts, weight ending on left foot.

Enjoy.

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