

# Move To The Groove

COPPERKNOB  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Phrased Intermediate  
编舞者: Helen Williamson & Larry Bass (USA) - September 2017  
音乐: "Hitman" by AB Logic - 128 BPM



(Start after 32 counts on vocals) Phrasing: AAB-AAB-AA16-AB-AAB

## PART A: 32 counts

### A1: RIGHT VINE 2 COUNTS & HEEL & CROSS; 3/4 HINGE TURN, FORWARD TRIPLE STEP

1-2                      Step R to right; Step L behind R  
&                      Step R slightly back  
3                      Touch L heel to left diagonal  
&4                      Step L slightly back, Step R across L  
5-6                      Make a 1/4 turn right while stepping L back (3:00); Make a 1/2 turn right & step R forward (9:00)  
7&8                      Triple step forward L, R, L

### A2: ROCK STEP, LOCK BALL STEP; LOCK BALL STEP, TURN ¼ TURN OUT, HEEL LIFTS

1-2                      Rock R forward; Recover back to L  
3&4                      Step R behind L heel, Step L in place, Step R back (bouncing)  
5&6                      Step L behind R heel, Step R in place, Step L back (bouncing)  
&7                      Make a ¼ turn right & step R to right, Step L out to left (12:00)  
&8                      Lift Heels, Drop Heels

Restart after 16 counts wall 6 of A facing (6:00)

### A3: STEP ½ PIVOT, FORWARD TRIPLE STEP; WIZARD STEP, WIZARD STEP

1-2                      Step R forward; Pivot ½ turn left to L (6:00)  
3&4                      Triple step forward R, L, R  
5-6                      Step L to left diagonal R; Lock R behind L  
&                      Step L slightly to left  
7-8                      Step R to right diagonal; Lock L behind R  
&                      Step R slightly to right

### A4: ROCK STEP & CROSS & HEEL & CROSS SIDE, BEHIND & CROSS

1-2                      Rock L forward; Recover back to R  
&3                      Step L slightly back, Step R across L  
&4                      Step L slightly back, Touch R heel to right diagonal  
&5-6                      Step R slightly back, Step L across R; Step R to right  
7&8                      Step L behind R, Step R to right, Step L across R

## PART B: 32 counts - Always face 12:00 wall to do part B

### B1: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP

1-2                      Step R a long step to right; Rock L back  
&                      Recover forward to R  
3-4                      Step L a long step to left; Rock R back  
&                      Recover forward to L  
5-6                      Walk in an arc, make a ¼ turn right & step R forward; Make a ¼ turn right & step L forward (6:00)  
7&8                      Continue arc and triple step R, L, R making ½ turn right (12:00)

### B2: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP

1-2                      Step L a long step to left; Rock R back  
&                      Recover forward to L

- 3-4 Step R a long step to right; Rock L back  
& Recover forward to R  
5-6 Walking in an arc, make a ¼ turn left & step L forward; Make a ¼ turn left & step R forward (6:00)  
7&8 Continue arc and triple step L, R, L making ½ turn left (12:00)

**B3: SIDE ROCK STEP & SIDE ROCK STEP; & FORWARD ROCK STEP, COASTER STEP**

- 1-2 Rock R to right; Recover left to L  
& Step R beside L  
3-4 Rock L to left, Recover right to R  
& Step L beside R  
5-6 Rock R forward; Recover back to L  
7&8 Step R back, Step L beside R, Step R forward

**B4: FORWARD ROCK STEP & FORWARD ROCK STEP; SIDE ROCK STEP, CROSSOVER TRIPE STEP**

- 1-2 Rock L forward; Recover back to R  
& Step L beside R  
3-4 Rock R forward, Recover back to L  
& Step R beside L,  
5-6 Rock L to left, Recover right to R  
7&8 Step L across R, Step R to right, Step L across R

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