

Listen

拍数: 48 墙数: 2 级数: Intermediate NC2S
编舞者: Ju-Hyun Oh (KOR) - October 2017
音乐: Listen - Beyoncé



No Intro - Sequence : 48-40-32-48-Tag-46

[1-8] Step Fwd, L Pint, L Full Turn with Sweep, R Point, R Full Turn, Sweep Behind×2, L Bwd, R Touch
1 2 3 4 Step R fwd (1), point L fwd (2), full turn L with sweep behind (3), point R to right side (4)
12:00

5&6 ½ turn R stepping fwd R (5), ½ turn R stepping Bwd L (&), sweep behind R (6) 12:00
7 8& Sweep behind L(7), step L bwd(8), touch R next to L(&)

[9-16] NC2 Basic×2, ¼ TR with Sweep, R Sweep, Pivot ½ TL

1 2& Step R to right side (1), close L behind R (2), cross R over L (&)
3 4& Step L to left side (3), close R behind R (4), cross R over L (&)
5 6 7 8 ¼ turn R stepping R with sweep fwd L (5), sweep fwd R (6), step R, Fwd (7), ½ turn L (8)
9:00

[17-24] L Full Turn, R fwd, L Side, Hold, ¾ TR, R fwd, NC2 Basic L

1&2 ½ turn L stepping R bwd (1), ½ turn L stepping L fwd (&), step R fwd (2) 9:00
3 4 5 6 Step L to left side (3), Hold (4), ¾ turn R knee lifting R (5), step R fwd (6) 6:00
7 8& Step L to left side (3), close R behind R (4), cross R over L (&)

[25-32] R Luge, Hold, L Recover, behind – side - cross, Unwind ¾ TL, R side Rock, L Recover, R Touch

1 2 3 Step R to right side (1), hold (2), recover on L (3)
4&5 Cross RF behind LF (4), step LF on L side (&), cross LF over LF
6 7 8& Unwind ¾ turn left transferring weight L (6), rock R to left side (7), Recover on LF (8), touch R
next to L (&) 9:00

★ RESTARTS ★

**3rd Wall after 32 count (facing 6:00)

- ½ turn L Recover on LF (8), touch R next to L (&)

[33-40] NC2 Basic×2, Side – behind, R fwd, ½ TR, R Full Turn, L fwd

1 2& Step R to right side (1), close L behind R (2), cross R over L (&)
3 4& Step L to left side (3), close R behind R (4), cross R over L (&)
5 6& Step R to right side (5), Cross RF behind LF (6), ¼ turn R stepping R, fwd (&) 12:00
7 8 ½ turn R stepping L bwd (7), ½ turn R stepping R fwd (&) 12:00

★ RESTARTS ★

*2nd Wall after 40count (facing 12:00)

[41-48] ½ Diamond, L Full Turn, ⅙ TR with Sweep, R Sweep

1 2& Step L to left side (1), ⅙ turn R stepping bwd R (2), L bwd (&) 1:30
3 4& ⅙ turn R stepping R to right side (3), ⅙ turn R stepping fwd L (4), R fwd (&) 4:30
5&6 Step L fwd (5), ½ turn L stepping bwd R (&), ½ turn L stepping fwd L (6) 4:30
7 8 ⅙ turn R stepping R with sweep fwd L (7), sweep fwd R (8)

TAG: NC2 Basic×2 after 4th Wall facing 12:00

1 2& Step R to right side (1), close L behind R (2), cross R over L (&)
3 4& Step L to left side (3), close R behind R (4), cross R over L (&)

RESTARTS:-

*2nd Wall after 40count (facing 12:00)

**3rd Wall after 32 count (facing 6:00)

- 1/8 turn L Recover on LF (8), touch R next to L (&)

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