The Storm Is Over Now



音乐: The Storm Is Over Now - R. Kelly



Intro: 16 Counts

Section 1. Big Step To R Side and Drag, Cross Rock Bwd, Recover, Big Step To L Side and Drag, Cross Rock Bwd, Recover, Behind, Side, 1/4 Turn R, Step Fwd, 1/2 Turn R, Step Together, Step Fwd

1-2& RF. Big step to R side - LF. Cross rock behind RF - RF. Recover 3-4& LF. Big step to L side - RF. Cross rock behind LF - LF. Recover

5-6&7 RF. Step to R side - LF. Cross behind RF - RF. 1/4 Turn R step fwd - LF. Step fwd (3)

8&1 1/2 Turn R (weight on RF) - LF. Step beside RF - RF. Step fwd (9)

Section 2. Step L To Left Side with Sway, Sway To R, Chasse L, Cross Over, Unwind 1/2 Turn L sweep LF, Behind-Side-Cross

2-3 LF. Step to L side sway hips to L side - Sway hips tp R side 4&5 LF. Step to L side - RF. Step beside LF - LF. Step to L side

6-7 RF. Cross over LF - 1/2 Turn L (weight on RF) sweep LF from front to back (3)

8&1 LF. Cross behind RF - RF. Step to R side - LF. Cross over RF

Section 3. Rock R Diagonal R Bwd and Lift L Heel , Recover, Step-Lock-Step Fwd, Step Fwd, 1/4 Turn R, Cross-Side-Cross

2-3 RF. Rock diganal R bwd, lift L heel and pop knee - LF. Recover 4&5 RF. Step fwd - LF. Lock behind RF **Restart 1** - RF. Step fwd

6-7 LF. Step fwd - 1/4 Turn R (6)

8&1 LF. Cross over RF **Restart 2** - RF. Step to R side - LF. Cross over RF

Section 4. 1/4 Turn R, 1/4 Turn R, Coaster Step, Step Fwd, 3/4 Turn R, Step L To L Side, Touch

2-3 RF. 1/4 Turn R, step fwd - LF. 1/4 Turn R, step to L side (12)

4&5 RF. Step back - LF. Step beside RF - RF. Step fwd

6-7-8& LF. Step fwd - 3/4 Turn R - LF. Step to L side - RF. Touch beside LF (9)

Start Again

RESTART 1: In wall 2 (12:00) & 5 (9:00) dance up to count 4& of the 3rd section RESTART 2: In wall 7 (12:00) dance up to count 8 of the 3rd section, Then do

& RF. Touch toe beside LF

ENDING: (12) Dance the 1st block to count 8&1, then do (9)

2-3 LF. Step fwd - 1/4 Turn R (12)

4&5 LF. Cross behind RF - RF. Step to R side - LF. Step fwd

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