

# Second Hand Heart

COPPER KNOB  
STEPPERS

拍数: 34      墙数: 4      级数: Intermediate Polka Rhythm  
编舞者: Tonnie Vos (NL) & Ira Weisburd (USA) - September 2017  
音乐: Second Hand Heart - Gerry Guthrie



## PART I. (FORWARD TRIPLE STEP, FORWARD TRIPLE STEP; FORWARD MAMBO, BACK MAMBO)

1&2      Step R forward, Step-close L beside R, Step R forward  
3&4      Step L forward, Step-close R beside L, Step L forward  
5&6      Step R forward, Recover back onto L, Step R back  
7&8      Step L back, Recover forward onto R, Step L forward

## PART II. (FORWARD, PIVOT 1/2 L TURN, SHUFFLE 1/4 L TURN; SYNCOPATED WEAVE BACK 7 STEPS)

1-2      Step R forward, Pivot 1/2 L Turn (6:00)  
3&4      Step R forward making 1/4 L Turn (3:00), Step-close L beside R, Step R to R  
5&6&      Step L behind R, Step R to R, Step L across R, Step R to R  
7&8      Step L behind R, Step R to R, Step L across R

## PART III. (HEEL JACK: BALL, HEEL, STEP, CROSS, BALL, HEEL, BALL, HEEL; COASTER STEP, PIVOT 1/2 L TURN)

&1&2      Step back on ball of R, Touch L heel forward, Step L in place, Step R across L  
&3&4      Step back on ball of L, Touch R heel forward, Step R in place, Touch L heel forward  
5&6      Step L back, Step-close R beside L, Step L forward  
7-8      Step R forward, Pivot 1/2 L Turn onto L (9:00)

## PART IV. (ROCKING CHAIR, FORWARD, LOCK, STEP; ROCKING CHAIR, FORWARD, LOCK, STEP)

1&2&      Step R forward, Recover back onto L, Step back onto R, Recover forward onto L  
3&4      Step R forward, Step L behind R ankle, Step R forward  
5&6&      Step L forward, Recover back onto R, Step L back, Recover forward onto R  
7&8      Step L forward, Step R behind L ankle, Step L forward  
9-10      Step R forward, Pivot 1/2 L Turn (3:00)

## REPEAT DANCE.

\*Note: TAG. On Wall 3,5 and 7 (at the end of Part II, there is a 2 count tag: &9&10 Step R to R Step L behind R, Step R to R, Step L across R) First time facing 9:00, Second & Third time at 3:00

\* Note: RESTART. At the end of Wall 5 facing 3:00, dance the first 10 counts of the dance & restart facing 9:00

Last Update - 9 May 2021