

Shackles

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Christine Mui (CAN) - September 2017
音乐: Shackles (Praise You) - Go Fish : (iTunes)



Intro : 16 counts

Ending : Wall 10, after 16cts, step R forward & pivot ½ turn left on R facing 12:00 to finish

[1-8] RIGHT ROCK FORWARD, RECOVER, COASTER STEP, LEFT ROCK FORWARD , RECOVER, COASTER CROSS

1, 2, 3&4 Rock R forward, Recover to L, R back, L together, R forward 12:00

5, 6, 7&8 Rock L forward, Recover to R, L back, R together, L cross over R 12:00

(Option for count 1 & 5, roll body forward)

[9-16] RIGHT SIDE ROCK, RECOVER, WEAVE TO LEFT, LEFT SIDE ROCK, RECOVER, 1/4 WEAVE TO RIGHT

1, 2, 3&4 Rock R to right, Recover to L, Cross R behind L, Step L to left, Cross R over L 12:00

5, 6, 7&8 Rock L to left, Recover to R , Cross L behind R, ¼ turn right step R forward, L forward 3:00

[17-24] 1/4 PADDLE TURN LEFT, ¼ PADDLE TURN LEFT, JAZZ BOX IN PLACE

1-2, 3-4 Step R forward & Pivot ¼ left onto L, Step R Forward & Pivot ¼ left onto L 9:00

5, 6, 7, 8 Cross R over L, step L back, Step R to right, Cross L over R 9:00

[25-32] MONTEREY ¼ TURNING RIGHT, MONTEREY ¼ TURNIG RIGHT

1, 2, 3, 4 Point R to right, ¼ turning right stepping R next to L, Point L to left, Step L next to R 12:00

5, 6, 7, 8 Point R to right, ¼ turning right stepping R next to L, Point L to left, Step L next to R 3:00

Enjoy the song and dance. Thank you!

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