

Mi Tierra

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Montse Bou (ES) - September 2017
音乐: Mi Tierra, Mi Casa, y una Mujer - Duncan Dhu



During Intro: Hold in center and open the arms.

First raise & lower the arms laterally, and then up & down in front of your body, while you move your fingers.

ROCKING CHAIR DIAGONALLY TO LEFT CORNER (x2: R), HOLD

-Keep hands at waist-

1-2 Step R foot diagonally left forward, recover on L
3-4 Step R foot diagonally left back, recover on L
5-6 Step R foot diagonally left forward, recover on L
7-8 Stomp R in place, Hold .

WAVE RIGHT ("QUIEBROS"), STOMP L, HOLD.

-Keep hands at waist-

9-10 Cross L behind R, step R to the right
11-12 Cross L over R, step R to the right
13-14 Cross L behind R, step R to the right
15-16 Stomp L forward, Hold.

ROCKING CHAIR (R), ROCK-STEP FWD (R), STOMP (R) & HAND UP (R), HOLD .

17-18 Step R foot forward, recover on L
19-20 Step R foot back, recover on L
21-22 Step R foot forward, recover on L

During 17 to 22: Balance R-Hand fwd and back, rolling the wrists.

23-24 Stomp R in place (together) and raise R-Hand up , Hold .

SWIVELS LEFT (x5), JUMP 1/4 TURN LEFT & CLAP

25-26 Swivel toes left, swivel heels left
27-28 Swivel toes left, swivel heels left
29-30 Swivel toes left, swivel heels left
31-32 Swivel toes with 1/4 turn left , Clap. (09.00)

Enjoy it!

Tags - ALL TAGS ARE THE SAME, WE WILL MAKE ALWAYS SIDE ROCKS

(1) After Intro (facing 12.00), balance SIDE ROCKS (x3: L-R-L), and then start 1st wall.

(2) End of 2nd Wall (facing 6.00) - Open R-Leg & balance SIDE ROCKS (x4: R-L-R-L)

(3) End of 4th Wall (facing 12.00) " " " " " " " " " " " "

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