

# It's Sad But It's True

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Katja Østerby (DK) & Julie Englund Hansen (DK) - September 2017  
音乐: Too Good at Goodbyes - Sam Smith



**Intro: 32 counts (start on the word 'I'm')**

**Side R, Back Rock L, Side L, Back Rock R, Walk RL, Anchor Step R,**

1-2&      Step R to R side (1), rock L behind R (2) recover onto R (&  
3-4&      Step L to L side (3), rock R behind L (4), recover onto L (&  
5-6      Step R forward (5), Step L forward (6)  
7&8      Step R behind L in 3rd Position (7), step down onto L (&), step back on R (8)

**Turn 1/2 Over L shoulder x3, Lock Forward R, Rock L Fwd, Step R Back**

1-2-3      1/2 turn over L stepping forward onto L (1), 1/2 turn over L stepping back onto R (2), 1/2 turn over L stepping forward onto L (3)  
4&5      Step R forward (4), lock L behind R (&), step R forward (5)  
6-7-8      Rock L forward (6), recover back onto R (7), step L back grinding R heel (8)

**\* Restart here during wall 3**

**R Back With A Body Roll And Snap, R Fwd, 1/2 Over L Shoulder x2, 1/4 Over L shoulder, Sailor Step L**

1-2      Touch R back (1), do a body roll stepping down onto R clicking R fingers back as you look back over your R shoulder (2)  
3-4      Step L forward (1), 1/2 turn over L stepping back onto R (4)  
5-6      1/2 over L stepping L fwd (5), 1/4 turn over L stepping R to R side (6)  
7&8      Step L behind R (7), step R to R side (&), step L to L side (8)

**Behind Side Fwd R, Step 1/2 Over R Shoulder, 1/2 Over R Hitching R Knee, R Behind, 1/4 L Over L Shoulder, 1/2 Over L Shoulder x2**

1&2      Step R behind L (1), step L to L side (&), step R forward (2)  
3-4      Step L forward (3), 1/2 over R stepping down onto R (4)  
5-6-7      1/2 over R stepping back onto L hitching R knee (5), step R behind L (6), 1/4 over L stepping forward onto L (7)  
8&      1/2 over L stepping back onto R (8), 1/2 over L stepping L forward (&)

**After completing Wall 1**

**ADD an extra 1/4 turn over L to begin the dance again on every wall.**

**\*Restart: in wall 3, after 16 counts**

**Ending wall 9 starts on 9 o'clock, do the 32 counts then add 1/2 over L shoulder sweeping L 1/4 over L shoulder to finish the dance towards 12 o'clock (note: the music slows down during this wall, slow down the last 8 counts of the dance)**

**Last Update - 9th March 2018**