

Guacamole

COPPERKNOB
BY STEPHANETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Guylaine Bourdages (CAN) & Stéphane Cormier (CAN) - September 2017
音乐: Holy Moly Guacamole - Jason Allan : (Album: Here's to You)



Intro: Rapid 3 counts

SECTION 1 : RF Forward, Rock Step LF forward & Sweep LF, Sailor Step LF and RF, Behind , Side Cross

1-3 RF Forward (1) , LF forward, Recover on RF and do sweep with LF from front to back (2-3)
4&5 (Sailor Step LF) LF cross behind RF, RF to right, LF slightly to left (4&5)
6&7 (Sailor Step RF) RF cross behind LF, LF to left, RF slightly to right (6&7)
8&1 LF cross behind RF, RF to right, LF cross in front of RF (8&1)

SECTION 2 : Pause, Ball Cross, kick RF Diag Right Forward, Jazz Box RF, LF forward

2&3 Pause (2), Ball of RF to right (&), LF cross in front of RF (3)
4 kick RF Diagonally right forward (4)
5-8 RF cross in front of LF (5), LF back (6), RF to right (7), LF forward (8)

SECTION 3 : Rock Step RF forward, Out Out, Pause, Hip Roll (to left), Kick Ball Cross

1-2 RF forward (1), Recover on LF (2)
&3-4 RF to right slightly back (&), LF to, left (3), Pause (4)
5-6 Roll Hips full turn left on 2 counts finish with weight on LF) (5-6)
7&8 kick RF Diagonally right forward (7), Ball of RF slightly back (&), LF cross in front of RF (8)

SECTION 4 : (1/4R) RF forward, LF Forward Step Turn 1/2R, Mambo cross LF in front of RF, Mambo cross RF in front of LF , Kick ball Step

1-3 (1/4R) RF forward (1), LF forward (2), pivot 1/2R, transfer weight on RF forward (3) (9H)
4&5 LF cross in front of RF (4), recover weight on RF (&), LF to left (5)
6&7 RF cross in front of LF (6), recover weight on LF (&), RF to right (7)
8& Kick LF forward (8) Ball of RF slightly back (&)

TAG of [13 ½] counts BEFORE STARTING WALL 8 (Facing 9H)

1-2 Stomp RF forward (1), Pause (2)
3-4 Stomp LF forward (3), Pause (4)
&5-6 (Out Out) RF to right (&), LF to left (5), Hip Bump to left (6)
7-8 2 hip Bump to right (7-8)

1-2 Stomp LF forward (1), Pause (2)
3-4 Stomp RF forward (3), Pause (4)
5& Kick PG forward (5), Ball on RF (&)

Excellente collaboration between Guylaine Bourdages & Stéphane Cormier at festival Western de St-Tite 2017 (Québec,Canada)

Have FUN !!!!!