

Supersonic Dancer (zh)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Adrian Helliker (FR) - 2017年07月
音乐: Supersonic Dancer - Dave Sheriff



简介 : 32个计数 之

[1-8] HEEL, TOGETHER X2, RIGHT STEP, LOCK, STEP, SCUFF

- 1-2 Tap right heel diagonal fwd. right, step right next to left
- 3-4 Tap left heel diagonal fwd. left, step left next to right (Weight on left)
- 1-2 点击右脚后跟斜向前。 右边 , 右边的右边
- 3-4 点击左脚后跟斜向前。 左 , 左步旁边的右 (左重量)
- 5-6 Step right forward, lock left behind right
- 7-8 Step right forward, scuff left forward
- 5-6 步骤锁步向右
- 7-8 向前一步左和 scuff 前锋

[9-16] LEFT STEP, LOCK, STEP, SCUFF, JAZZBOX ¼ TURN RIGHT

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, scuff right forward
- 1-2 步骤锁向左
- 3-4 向前走 scuff 前锋
- 5-6 Cross right over left, step left back
- 7-8 ¼ turn right step right to side, step left beside right
- 5-8 右足交叉左足前,左足後踏, 右轉1/4足踏,左足前踏

[17-24] STEP, KICK, STEP, TOGETHER X2

- 1-2 Step right forward, kick left forward
- 3-4 Step left back, step right beside left taking weight on right
- 1-2 向前一步在右边,踢左前锋
- 3-4 步左后卫 , 右步左旁边重量取右
- 5-6 Step left forward, kick right forward
- 7-8 Step right back, sep left beside right taking weight on left
- 5-6 迈出第一步左边 , 踢右前锋
- 7-8 步骤右背部 , 重量的右侧的左侧到采取左侧

[25-32] GRAPEVINE TO RIGHT TOUCH, GRAPEVINE LEFT WITH TOUCH

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, touch left beside right
- 1-4 右足右踏,左足交叉右足後,右足右踏,左足點收於右足旁
- 5-6 Step left to left side, step right behind left
- 7-8 Step left to left side, touch right beside left
- 5-8 左足左踏,右足點收於左足,右足右踏,左足點收於右足旁

Option for Improvers rolling vine right touch rolling vine left touch

Option: 你可以右转并触摸,你可以向左转 , 然后触摸