

Rock a Bye Baby

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: High Beginner / Improver
编舞者: Mary Ulibarri (USA) - September 2017
音乐: Rockabye (feat. Sean Paul & Anne-Marie) - Clean Bandit



#32 count intro - Start dancing when she sings "night"

Tag on wall 5 after first 16 counts, four sailors to front wall then, sway right, sway left, sway right, sway left,
Restart the dance

*1 Restart

(1-8) Touch forward, side, coaster step X 2

1-2 Touch right toe forward, touch right side
3&4 Coaster step right- step right foot back, step left foot back next to right, step forward on right foot
5-6 Touch left toe forward, touch left side
7&8 Coaster step left - step left foot back, step right foot back next to right, step forward on left foot

(9-16) Sailor step, X 4 Turn a ¼ right on 3rd Sailor step

1&2 Sailor step right - Step R behind L, Step L to left side 2 Step R to right side
3&4 Sailor step left - Step L behind R, Step R to right side Step L to left side
5&6 Sailor step right - Step R behind L, Step L to left side 2 Step R to right side
7&8 Sailor step left - Step L behind R, Step R to right side Step L to left side

(17-24) Forward lock step – triple step forward Right and Left

1-2 Step forward on right foot, step left foot behind right foot
3&4 Triple forward RLR
5-6 Step forward on left foot, step right foot behind left foot
7&8 Triple forward LRL

(25-32) Back lock step – triple step back Right and Left

1-2 Back lock with right - Step back on right foot, step left foot behind right foot
3&4 Triple back RLR
5-6 Step back on left foot, step right foot behind left foot
7&8 Triple back LRL

(33-40) 2 Touches and Weave X 2

1-2 Touch toes right 2 times
3&4 Right behind left – step left, cross right over left
5-6 Touch toes left 2 times
7&8 Left behind right – step right, cross left over right

(41-48) Rock recover cross 2 Forward, 1 Rock recover cross behind, 1 Rock and Step left next to right

1&2 Rock recover right and cross right over left moving forward
3&4 Rock recover left and cross left over right moving forward
5&6 Rock recover right and cross right over left moving backwards
7&8 Rock recover left and step together

(49-56) Jazz Box – Jazz Box ¼ Right

1-4) Cross right over left, Step back with Left, Step back right, bring left foot together
5-8 Cross right over left, Step back with Left, ¼ right, Step back Right, bring left foot together

(57-64) K-Step

1-4 Diagonal forward with right, touch left (clap) Diagonal back with left, touch right (clap)

5-8 Diagonal back with right, touch left (clap) Diagonal forward with left, touch right (clap)

Start over

On wall 5 the music slows so do the first 16 counts up to the end of the sailor steps, then sway right, sway left, sway right, and sway left, 4 counts. Restart the dance over.

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