

Holong

COPPER KNOB
BY STEPHENETS

拍数: 36 墙数: 4 级数: Improver
编舞者: Manullang Benedikta Manna (INA) - September 2017
音乐: Dokkon Ito Na Holong Rohami by Jerri Fernando Simarmata



Intro music 32 counts, start dance on vocal

Restart happens on wall 5

I. STEP BACK , BACK ROCK , WALK , ROCKING CHAIR

1 – 2& LF step back – RF rock back – recover on LF
3 – 4 Step forward RF – step forward LF
5 – 8 RF rock fwd – recover on LF – RF rock back – recover on LF (12:00)

II. SIDE , BACK ROCK SIDE, BACK SIDE CROSS SWEEP , CROSS SIDE BACK SWEEP, COASTER 1/8 LEFT

1 – 2& Step RF to side – LF rock behind RF – recover on RF
3 – 4& Step LF to side – RF behind LF – step LF to side
5 – 6& RF cross over and sweep LF to front – cross LF over RF – step RF to side
7 – 8& LF behind RF and sweep RF to back – cross RF behind LF – turn 1/8 left step LF beside RF (11.30)

III. DIAGONAL LEFT STEP FORWARD , FWD ROCK , STEP BACK , SQUARING STEP SIDE , CROSS ROCK, FWD

1 – 2& (11.30) RF step fwd – rock LF fwd – recover on RF
3 – 4& LF step back – RF step back – squaring to left step LF to side (9.00)
5 – 6& (7.30) rock RF fwd – recover LF – (9.00) RF to side
7 – 8& (11.30) rock LF fwd – recover Rf – (9.00) LF to side

IV. FWD , PIVOT ½ TURN RIGHT MAMBO , FULL TURN LEFT , SYNCOPATED CROSS SIDE ROCK

1 – 2& RF step fwd – rock LF fwd – turn ½ right recover on RF (3.00)
3 – 4& LF step fwd – ½ turn left step RF back – ½ turn left step LF fwd
5 – 6& RF step fwd – cross LF over RF – rock RF to side
7&8& recover on LF – cross RF over LF – rock LF to side – recover on RF

*(Restart here on wall 5)

V. FORWARD , CROSS , UNWIND

1 – 4 LF step fwd – cross RF close to LF , turn ½ left in 2 counts , weight on RF (9.00)

ENJOY THE DANCE !!

*Ending : last wall facing 6.00, do the first 8 counts, then add :

1 – 2& Step RF to side – LF rock behind RF – recover on RF
3 – 4& Step LF to side – RF behind LF – step LF to side
5 – 8 RF fwd – LF fwd – turn ½ right – pose

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