

Big Hearted Me (在中文里) (zh)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Adrian Helliker (FR) - 2017年07月
音乐: Big Hearted Me - Don Gibson



专辑 : Don Gibson Foggy River

简介 : 8个计数 之前他唱

[1-8] HEEL, TOGETHER, HEEL, TOGETHER X2

1-2 Tap right heel diagonal fwd. right, step right next to left
触摸右脚后跟斜向前, 右脚旁边的左脚
3-4 Tap left heel diagonal fwd. left, step left next to right (Weight on left)
触摸左脚跟对角线向前, 左脚靠在右脚旁边
5-6 Tap right heel diagonal fwd. right, step right next to left
触摸右脚后跟斜向前, 右脚旁边的左脚
7-8 Tap left heel diagonal fwd. left, step left next to right (Weight on left)
摸左脚跟对角线向前, 左脚靠在右脚旁边触

[9-16] SIDE, TOUCH, SIDE, TOUCH, VINE RIGHT, TOUCH

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
1-4 右足右踏, 左足點收於右足旁, 左足左踏, 右足點收於左足旁
5-6 Step right to right side, cross left behind right
7-8 Step right to right side, touch left next to right
5-8 右足右踏, 左足交叉右足後, 右足右踏, 左足點收於右足旁

[17-24] SIDE, TOUCH, SIDE, TOUCH, VINE ¼ TURN LEFT, SCUFF

1-2 Step left to left side, touch right beside left
3-4 Step right to right side, touch left beside right
1-4 左足左踏, 右足點收於左足旁, 右足右踏, 左足點收於右足旁
5-6 Step left to left side, cross right behind left
7-8 ¼ turn left, step forward. left, scuff right (9:00)
5-8 左足左踏, 右足交叉左足後, 左轉1/4 左足前踏, 右足前刷 (9:00)

[25-32] TOE STRUT FWD (RIGHT & LEFT), ROCKING CHAIR

1-2 Right toe fwd, drop Right heel
3-4 Left toe fwd, drop Left heel
1-4 右足腳趾前點及推臀, 右足腳腫踏下, 左足腳趾前點及推臀, 左足腳腫踏下
5-6 Rock right foot forward, recover on the left,
7-8 Rock right foot back, recover on the left
5-8 右足前踏, 重心回左足, 右足後踏, 重心回左足