

Forevermore

拍数: 32 墙数: 4 级数: Beginner
编舞者: John Sandham (ES) - August 2017
音乐: Dance for Evermore - Si Cranstoun : (Album: Modern Life)



Sec 1. RT HEEL, LT HEEL, RT HEEL, LT HEEL,

1-2 Touch Rt Heel forward-Step Rt Heel next to Lt.
3-4 Touch Lt Heel forward-Step Lt Heel next to Rt.
5-8 Repeat steps 1-4

Sec 2. STEP SLIDE RT-2-3-TOUCH, STEP SLIDE LT-2-3-TOUCH.

1-2 Step Rt Foot to the Rt Side-Slide Lt Foot beside Rt.
3-4 Step Rt foot to The Rt side-Touch Lt Foot next to Rt.
5-8 Repeat steps 1-4 starting with Lt Foot.

Sec 3. RT SIDE TOG LT SIDE TOG, PUSH TURN PUSH TURN.

1-2 Step Rt Foot To Side-Touch Lt Foot next to Rt.
3-4 Step Lt Foot To Side-Touch Rt Foot Next To Lt
5-6 Step Rt Foot Forward-then Push 1/8 Turn to Lt on both Feet.
7-8 repeat steps 5-6 .

Sec 4. SHIMMY RT-2-3-CLAP, SHIMMY LT-2-3-CLAP.

1-2 Make a Long Low Step to Rt Side-Start To SlideLt foot Towards Rt.
3-4 complete Lt Foot Slide to Rt foot While Shaking Shoulders-now Clap Hands.
5-8 Repeat Steps 1-4 Starting with Lt Foot.

Start Over From Sec 1.
