

Sing

拍数: 48 墙数: 4 级数: Beginner
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音乐: Sing - Pentatonix



STOMP RIGHT FORWARD, THEN CLAP X 3, STOMP LEFT FORWARD, THEN CLAP X 3

1-4 Stomp right forward, then clap 3 times starting at waist and finishing at eye level
5-8 Stomp left forward, then clap 3 times starting at waist and finishing at eye level

STOMP RIGHT FORWARD, THEN CLAP X 3, STOMP LEFT FORWARD, THEN CLAP X 3

1-4 Stomp right forward, then clap 3 times starting at waist and finishing at eye level
5-8 Stomp left forward, then clap 3 times starting at waist and finishing at eye level

HOP FORWARD BOUNCE RIGHT, HOP FORWARD BOUNCE LEFT, REPEAT

1-4 Hop forward right with right, bring left together and bounce, hope forward left with left, bring right together and bounce
5-8 Hop forward right with right, bring left together and bounce, hope forward left with left, bring right together and bounce

GRAPEVINE RIGHT, GRAPEVINE ¼ LEFT

1-4 Step right to right, step left behind, step right to right, touch left next to right
5-8 Step left to left, step right behind, step left ¼ left, touch right next to left

K STEP

1-4 Step right diagonally forward right, touch left next to right, step left back in place, touch right next to left
5-8 Step right diagonally back right, touch left next to right, step left forward back in place, touch right next to left

HIP ROLLS

1-4 Roll hips x 2, finishing ¼ left
5-8 Roll hips x 2, finishing ¼ left

Begin again

No Tags, No Restarts
