

My Girl's Night Out - MGNO

COPPER KNOB
BY STEPHEN

拍数: 24 墙数: 4 级数: Beginner
编舞者: Conrad Farnham (USA) - September 2017
音乐: Mgno - Russell Dickerson



ROCK, RECOVER, CROSS BEHIND IN FRONT, HEEL LEFT, ¼ TOE TURN, COASTER STEP

- 1,2,3&4 Rock right to right, recover on left, step right behind left, step left to left, step right in front of left
- 5,6,7&8 Place left heel to left side, ¼ turn toes to the left, step back on left, bring right next to left, step left forward

TRAVELING HIP BUMPS X 2, SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

- 1-4 Step right forward and bump hips to the right twice, step left forward and bump hips to the left twice
- 5&6,7&8 Shuffle forward, right, left, right, shuffle forward, left, right, left

ROCK, RECOVER, SHUFFLE BACK RIGHT, ROCK, RECOVER, SHUFFLE FORWARD LEFT

- 1,2,3&4 Rock right forward, recover on left, shuffle back right, left, right
- 5,6,7&8 Rock left back, recover on right, shuffle forward left, right, left

Begin again

No Tags, No Restarts

Last Update – 16th Sept 2017
