

Sway

拍数: 32 墙数: 4 级数: Improver
编舞者: Stephen Pistoia (USA) & Laura Stanton (USA) - September 2017
音乐: Sway - Danielle Bradbery : (iTunes)



Intro: 8 (At wall 9 after 16ct tag happens here step pivot x 2 & restart)

(1-8) SKATE SKATE SHUFFLE LT, SKATE SKATE SHUFFLE RT

1-2 slide LF diagonally take weight, slide RF diagonally take weight
3&4 step LF out to L, step RF next to L, step LF out to L
5-6 slide RF diagonally take weight, slide LF diagonally take weight
7&8 step RF out to R. step LF next to R, step RF out to R

(9-16) CROSS ROCK, COASTER STEP, STEP PIVOT ½ TURN, SHUFFLE RT

1-2 cross LF over RF, recover on RF,
3&4 step LF back, step RF next to L, step LF forward
5-6 step RF forward, pivot LT ½ turn
7&8 step RF out to RT, step LF next to RF, step RF out to RT

Restart here on wall 4.

Tag happens here on wall 9 (step turn RT x 2) Restart

(17-24) BACK ROCK, SHUFFLE LT, BACK ROCK, STEP ¼ TURN L

1-2 step LF behind RF, recover on RF
3&4 step LF out to LT, step RF next to LF, step LF out to LF
5-6 step RF behind LF, recover LF
7-8 step RF forward, pivot ¼ turn L

(25-32) HIP SWAY X 4, ROLLING GRAPEVINE RT

1-2 sway hips RT, sway hips LT
3-4 sway hips RT, sway hips LT
5-6 step RF out to RT, cross LF over RF making ½ turn R
7-8 swing RF behind LF making ½ turn RT out to RT, touch LF next to RF

Any questions contact me @ pistoias@ymail.com have fun enjoy!!!!