

Body Like a...(Backroad)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Harm Rowe - September 2017
音乐: Body Like a Back Road - Sam Hunt



No Tags, 1 Restart.

#16 count intro, start dancing on lyrics

Right Step lock forward, ½ box step back, Left step lock back, ½ box step forward

- 1 - 4 Step Right foot forward, lock left foot behind right, step right foot to right side, step left foot together, step right foot back. (1, 2, 3&4)
- 5 - 8 Step left foot back, lock right foot across left, step left foot to left side, step right foot together, step left foot forward (5, 6, 7&8)

Step ¼ turn left, cross shuffle, ¼ turn, ¼ turn, left step, drag and touch right

- 9 - 12 Step right foot forward turning ¼ turn left, cross right foot across left, step left foot to left side, cross right foot across left (9, 10, 11&12)
- 13 - 16 Step left to left side with a ¼ turn right, step right back with a ¼ turn right, big step to left side with left foot, drag and touch right foot beside left foot (13, 14, 15, 16)

"Restart here during wall 5". at count 16

Side rock, ½ turn shuffle, side rock ½ turn shuffle

- 17 - 20 Rock right foot to right side, recover to left foot turning ½ turn left (anticlockwise), stepping right, left, right (17, 18, 19&20)
- 21 - 24 Rock left foot to left side, recover to right foot turning ½ turn right (clockwise), stepping left, right, left (21, 22, 23&24)

Touch behind, unwind, coaster step, side rock, recover, behind, side, cross

- 25 - 28 Touch right toe behind left foot and pivot ½ turn right (clockwise) keeping weight over left foot, step right foot behind left foot, step left foot beside right foot, step right foot forward (24, 25, 26, 27&28)
- 29 - 32 Step left foot to left side, recover onto right foot, cross left foot behind right foot, step right foot to right side, cross left foot over right foot

This is Harm's very first try choreographing a dance, I think she did a great job, came up with some new ideas ...Enjoy....

Contact: heatherrowe76@yahoo.com.au

Last Update - 19th Sept 2017