

Boneshaker

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jo Rosenblatt (AUS) - April 2017
音乐: Boneshaker - Catherine Britt : (Album: Boneshaker)



Start: After 16 Counts on lyrics, Weight on Left foot

S1: Heel, Heel, Back, Touch, Back, Touch, Back, Heel, Heel, Back, Touch, Back, Touch

1 2 Touch R heel forward, Touch R heel forward
&3 Step R back, Touch ball of L beside right popping left knee forward
&4 Step L back, Touch ball of R beside left popping right knee forward
&5 6 Step R back, Touch L heel forward, Touch L heel forward
&7 Step L back, Touch ball of R beside left popping right knee forward
&8 Step R back, Touch ball of L beside right popping left knee forward

S2: Back, Rock, ½ Turn Shuffle, ½ Turn, Forward, Pivot, Forward

1 2 3&4 Step L back, Rock forward onto R, Turn 180deg right shuffle back: LRL 6
5-8 Turn 180deg right step R fwd, Step L fwd, Turn 180deg right step R fwd, Step L fwd 6

S3: Side, Hold, Together, Side, Tap, Heel, Tog, Tap, Tog, Heel, Tog, Cross

1 2&3 4 Step R to right, Hold & Clap, Step L beside right, Step R to right, Tap L beside right & Clap
5&6 Touch L heel to left diagonal, Step L beside right, Tap R beside left
&7&8 Step R beside left, Touch L heel to left diagonal, Step L beside right, Cross R over left 6

S4: ¾ Turn, Forward Mambo, Coaster, Kick Ball Change, Together

1 2 Turn 90deg right step L back, Turn 180deg right step R forward 3
3&4 5&6 Step L fwd, Rock back on R, Step L back, Step R back, Step L beside right, Step R fwd
7&8& Kick L forward, Step ball of L beside right, Step R forward, Step L beside right ****

S5: Walk, Walk, Shuffle, Walk, Walk, Shuffle

1 2 3&4 Walk RL, Shuffle forward: RLR (Click fingers on Count 3 and Count 4)
5 6 7&8 Walk LR, Shuffle forward LRL (Click fingers on Count 7 and Count 8) ### 3

(Complete a full circle to the right over these 8 counts.)

S6: Side, Rock, Behind, Side, Cross, Side, Rock, Behind, Side, Forward

1 2 3&4 Step R to right, Rock/Recover onto L, Step R behind left, Step L to left, Cross R over left
5 6 7&8 Step L to left, Rock/Recover onto R, Step L behind right, Step R to right, Step L forward

RESTARTS : -

Wall 1 After Count 40 ### restart at 3 o'clock.

Wall 4 After Count 32& ** restart at 12 o'clock.**

TAG: Complete the following 16 counts twice at the ends of Walls 2, 3 & 5.

Cross Point, Cross, Point, Cross Samba, Sailor Step

1 2 Cross R over left, Point L toe to left (shimmy shoulders with arms outstretched to the side)
3 4 Cross L over right, Point R toe to right (shimmy shoulders with arms outstretched to the side)
5&6 Cross R over left, Step on ball of L to left, Replace weight to R
7&8 Step L behind right, Step R to the side, Step L to the side (moving slightly backwards)

Back, Rock, Forward, Rock, ½ Turn, Rock, Back, Rock

1-4 Step R back, Rock forward onto L, Step R forward, Rock back onto L
5-8 Turn 180deg right step forward onto R, Rock back onto L, Step back on R, Rock forward onto L

**FINISH after Wall 5: Complete the Tag then turn 90deg left and stomp R to right.
Free to be copied provided no changes are made to the original choreography.**

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