

Tsunami!!

拍数: 48 墙数: 2 级数: Easy Intermediate
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音乐: Tsunami - Destorm & Joey Montana : (iTunes & other mp3 sites)



Introduction: 16 counts on the word "Tsunami" start on approx 11 sec. No Tags Or Restarts.

Part 1. [1-8] Syncopated Side Rocks R, L, Behind, Side, Heel Touch L, Replace, Point R, Replace, Heel Touch L, Replace.

1,2& Step R to R (1), Recover back on L (2), Step R beside L (&).
3,4 Step L to L (3), Recover back on R (4).
5& Step L behind R (5), Step R to R (&).
6& Touch L heel forward (6), Step L beside R (&).
7& Point R out to R (7), Step R beside L (&).
8& Touch L heel forward(8), Step L beside R (&).

PART 2. [9-16] Syncopated Side Rocks R, L, Behind, ¼ Turn R, Side, Step, Promenade Samba Walk R.

1,2& Step R to R (1), Recover back on L (2), Step R beside L (&).
3,4 Step L to L (3), Recover back on R (4).
5&6 Step L behind R (5), Make ¼ turn R (3.00) step R to R (&), Step L forward (6).
7&8 Small step R forward, Step L back, Recover back onto R.

PART 3. [17-24] Cross & Back with ¼ Turn L, Back, ¼ Turn L, Side, Step, Cross & Back with ¼ Turn L, Coaster Step L.

1&2 Step L across R (1), Make ¼ turn L (12.00) step R to R (&), Step L back (2).
3&4 Step R back (3), Make ¼ turn L (9.00) step L to L (&), Step R forward (4).
5&6 Step L across R (5), Make ¼ turn L (6.00) step R to R (&), Step L back (6).
7&8 Step R back (7), Step L beside R (&), Step R forward (8).

PART 4. [25-32] Mambo Step L, Cucaracha (right), Samba Whisk L, Samba Whisk R with ¼ Turn L.

1&2 Step L forward (1), Recover back onto R (&), Step L slightly back (2).
3&4 Step R to L (3), Recover back onto L (&), Step R beside L (4).
5&6 Step L big to L (5), Step R behind L (&), Step L across R (6).
7&8 Make ¼ turn L (3.00) step R big to R (7), Step L behind R (&), Step R across L (8).

PART 5. [33-40] Side Rock / Recover, Weave R, Heel Touch L with ¼ Turn L, Together & Point R, Cross & Cross.

1,2 Step L to L (1), Recover back on R (2).
3&4 Step L behind R (3), Step R to R (&), Step L across R (4).
&5&6 Make ¼ turn L (12.00) step R back (&), Touch L heel forward (5), Step L beside R (&), Point R out to R (6).
7&8 Step R across L (7), Step L slightly to L (&), Step R across L (8).

PART 6. [41-48] Side Rock / Recover, Behind, ¼ Turn R, Side, Step with Knee Lift R, Cross & Cross Flick L with ¼ Turn R, Step, Lock, Step L.

1,2 Step L to L (1), Recover back on R (2).
3&4 Step L behind R (3), Make ¼ turn R (3.00) step R to R (&), Step L forward and lift R knee up (4).
5&6 Step R across L (5), Step L slightly to L (&), Step R across L and make ¼ turn L (6.00) flick L up. (6).
7&8 Step L forward (7), Lock R behind L (&), Step L forward (8).

REPEAT DANCE AND HAVE FUN!!

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