

We Were Legends

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jamie Marshall (USA) - September 2017
音乐: Legends - Kelsea Ballerini



Start on the word "Gold"

A. ROCK, RECOVER, STEP, TOGETHER, CROSS, FULL TURN UNWIND, BEHIND, SIDE, CROSS

1,2 Rock R forward (1), Recover onto L (2)
&3,4 Quick step R back (&), Quick step L next to R (3), Touch R over L (4)
5,6 Turn ½ L (transferring weight onto R) (5), Turn ½ L, to complete full turn) sweeping L behind R (6) (12:00)
7&8 Step L behind R (7), Step R to R (&), Cross L over R (8) (12:00)

B. STEP, HOLD, STEP, STEP, POINT, ¼ TURN, ½ TURN, ½ TURNING TRIPLE

1,2 Step R to R (1), Hold (2)
&3,4 Step L next to R (&), Step R to R (3), Point L to L (4) (12:00)
5,6 Turn ¼ L, stepping L forward (5), Turn ½ L, stepping R back (6) (3:00)
7&8 Turn ½ L, stepping L forward (7), Step R next to L (&), Step L forward (8) (9:00)

*Option without Turns 5-8: Turn ¼ L, stepping L forward (5), Step R forward (6), Triple forward L,R,L (7&8)

C. ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, SWEEP, STEP SWEEP

1,2& Rock R forward (1), Recover onto L, Step R next to L (&)
3,4 Rock L forward (3), Recover onto R (4)
5,6 Step L back (5), Sweep R from front to back (6)
7,8 Step R back (7), Sweep L from front to back (8) (9:00)

D. ROCK, RECOVER, STEP, ½ PIVOT, CROSS, ¼ TURN, ¼ TRIPLE

1,2 Rock L back (1), Recover onto R (2)
3,4 Step L forward (3), Pivot ½ R, stepping R in place (4) (3:00)
5,6 Cross L over R (5), Turn ¼ L, stepping R back (6), (12:00)
7&8 Turn ¼ L, stepping L to L (7), Step R next to L (&), Step L to L (8) (9:00)

BONUS (After Wall 4 – Facing 12:00): ROCK, RECOVER, STEP, STEP, STEP, BUMPS

1,2 Rock R forward (1), Recover onto L (2)
&3,4 Step R next to L (&), Step L to L (3), Step R to R (4)
5,6,7,8 Bump hips to L (5), Bump hips to R (6), Bump hips to L (7), Hold (8)

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Last Update – 18th Oct. 2017