

Reggaeton Lento

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Mitchell Burgess (AUS) - August 2017
音乐: Reggaeton Lento (Remix) - CNCO & Little Mix : (iTunes)



Intro: Start on the word "see" - Version 0.01 (dance moves in anti-clockwise direction)

{1-8} SIDE HIPS X 3, ½ TURN SIDE HIPS X 3, ¼ sweeping COASTER, STEP/LOCK/STEP

1&2,3&4 Step R to R & push hips to R, push hips to L, push hips to R, turn ½R & step L to L & push hips to L, push hips to R, push hips to L
5&6,7&8 Turn ¼ R & sweep/step back R, step L beside R, step fwd R, step fwd L, lock/step R behind L, step fwd L

{9-16} ROCK FWD, REPLACE, ½ ROCK FWD, REPLACE, ¼ ROCK FWD, REPLACE, ROCK BACK, REPLACE, CROSS, SIDE, REPLACE, CROSS, SIDE, REPLACE, TOUCH

1&2&3&4& Rock/step R heel fwd, replace weight to L, turn ½ R & rock/step R heel fwd, replace weight to L, turn ¼ R & rock/step R heel fwd, replace weight to L, rock/step back R, replace weight to L
5&6&7&8 Cross/step R over L, step L to L, replace weight to R, cross/step L over R, step R to R, replace weight to L, touch R beside L

[17-24] MAMBO FWD, MAMBO BACK, PIVOT ¼ L, CROSS, SIDE, BEHIND, ¼ FWD

1&2,3&4 (styling- use lots of hips)-Rock/step fwd R, replace weight to L, step back R, rock/step back L, replace weight to R, step fwd L
5&6,7&8 Step fwd R, pivot ¼ turn L, cross/step R over L, step L to L, cross/step R behind L, turn ¼ L & step fwd L

[25-32] SWEEP/CROSS, BACK, BACK, SWEEP/CROSS, BACK, BACK, SIDE/Drag, STEP, STEP, ¼ L SIDE/Drag, STEP, STEP

1&2,3&4 (slight body turns to diagonals)-Sweep/cross R over L, step L back on L diagonal, step R back on R diagonal, sweep/cross L over R, step R back on R diagonal, step L back on L diagonal
5,6&7,8& Big step to R & drag L, step L beside R, step R in place, turn ¼ L & take big step to L & drag R, step R beside L, step L in place.

Begin again!!

Restart: Wall 6, facing 9:00 wall, dance counts 1-16, then restart wall facing 3:00 wall.

Finish: Wall 9. Dance counts 1-30&, then make ¼ R and big step to L (31), step R beside L (32), step L in place (&), stomp R to R & arms out to sides. (1).

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