

Quiero Bailar

拍数: 64 墙数: 4 级数: High Improver
编舞者: Suzi Beau (ENG) & Wil Bos (NL) - September 2017
音乐: Yo Quiero Bailar - Sonia y Selena : (Single)



Intro: 32 counts heavy beats

S1: Walk Fwd x3, Kick, Walk Bkw x3, Touch

1-4 RF step forward, LF step forward, RF step forward, LF kick forward
5-8 LF step back, RF step back, LF step back, RF touch beside

S2: ¼ R Fwd, ½ R Bkw, Shuffle ½ R, Rock Fwd Recover, Coaster

1-2 RF ¼ right step forward, LF ½ right step back
3&4 RF ¼ right step side, LF step beside, RF ¼ right step forward
5-6 LF rock forward, RF recover
7&8 LF step back, RF together, LF step forward

S3: Kick Ball Touch, Full Turn R, ¼ R Chassé

1&2 RF kick forward, RF step beside on ball foot, LF point back
3&4 LF kick forward, RF step beside on ball foot, RF point back
5-6 RF ½ right step forward, LF ½ right step back
7&8 RF ¼ right step side, LF together, RF step side

S4: Cross Samba x2, Rock Fwd Recover, Triple Full Turn L

1&2 LF cross over, RF rock side, LF recover
3&4 RF cross over, LF rock side, RF recover
5-6 LF rock forward, RF recover
7&8 LF ½ left step forward, RF step beside, LF ½ left step forward

S5: Side, Hold, Ball Side, Touch, ¼ L Fwd, ½ L Back, Shuffle Bkw

1-2 RF step side, hold
&3-4 LF step beside on ball foot, RF step side, LF touch behind
5-6 LF ¼ left step forward, RF ½ left step back
7&8 LF step back, RF step beside, LF step back

S6: Diag. Back, Touch (x2), Walk Fwd x2, Cross, Side

1-2 RF step diag. right back, LF touch beside and clap
3-4 LF step diag. left back, RF touch beside and clap
5-6 RF step forward, LF step forward
7-8 RF cross over, LF step side

S7: Sailor, Cross, Side, Rock Back Recover, Kick Ball Cross

1&2 RF cross behind, LF step beside, RF step side
3-4 LF cross over, RF step side
5-6 LF rock back, RF recover
7&8 LF kick left forward, LF step beside on ball foot, RF cross over

S8: Rolling Vine, Touch, Side/Shimmy, Together/Clap

1-4 LF ¼ left step forward, RF ½ left step back, LF ¼ left step side, RF touch beside
5-7 RF big step side and shimmy shoulders in 3 counts
8 LF step beside and clap

Start again

