

Life's About To Get Good

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Nathan Gardiner (SCO) - September 2017
音乐: Life's About To Get Good - Shania Twain



Intro: 16 counts

S1: Step Pivot ½ L, Step Forward, ½ R, Shuffle ½ R, Rock Forward, Recover

1-2 Step forward on R, Pivot ½ L
3-4 Step forward on R, ½ R stepping back on L
5&6 ¼ R stepping R to R side, Step L next to R, ¼ R stepping forward on R
7-8 Rock forward on L, Recover on R

S2: L Lock Step Back, Out Out, In, Cross, Rock Out, Recover, Kick Ball Step

1&2 Step back on L, Lock R in front on L, Step back on L
&3&4 Step R to R side, Step L to L side, Step R in, Cross L over R
5-6 Rock out to R side, Recover on L
7&8 Kick R forward, Step R next to L, Step forward on L

S3: Jazz Box ¼ R Point, ¼ L, ½ L, Shuffle ½ L

1-2 Cross R over L, ¼ R stepping back on L
3-4 Step R to R side, Point L to L side
5-6 ¼ L stepping forward on L, ½ L stepping back on R
7&8 ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward on L

S4: Walk Forward R & L, Step Pivot ½ L, Rocking Chair

1-2 Step forward on R, Step forward on L
3-4 Step forward on R, Pivot ½ L
5-6 Rock forward on R, Recover on L
7-8 Rock back on R, Recover on L

S5: Walk Forward R & L, Mambo Step, Coaster Step, R Lock Step

1-2 Step forward on R, Step forward on L
3&4 Rock forward on R, Recover on L, Step back on R
5&6 Step back on L, Step R next to L, Step forward on L
7&8 Step forward on R, Lock L behind R, Step forward on R

S6: Cross, Step Back, Shuffle ½ L, Syncopated Jazz Box Cross with Point

1-2 Cross L over R, Step back on R
3&4 ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward on L
5-6 Cross R over L, Step back on L
&7-8 Step R to R side, Cross L over R, Point R to R side

Tag: End of walls 1, 3, 5

Cross Rock, Recover, Side Rock, Recover

1-2 Cross rock R over L, Recover on L
3-4 Rock out to R side, Recover on L

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