

# Life's About Joy

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Easy Intermediate  
编舞者: Carl Sullivan (AUS) - August 2017  
音乐: Life's About To Get Good - Shania Twain : (Album: NOW - Deluxe - 3:40)



## PATTERN: EACH SEQUENCE TURNS ¼ RIGHT

1-2-3&4      Walk fwd L, R, Fwd L Coaster (L fwd, R beside L, Step L back)  
5-6 7&8      Walk back R, L, Step R behind L, ¼ L- Step L fwd, Step R fwd - 9:00

1-2      Rock-step L fwd, Replace on R  
3&4      ½ L - Shuffle fwd L-R-L - 3:00  
5-6      ¼ L - Step R to R side, Drag L towards R - 12:00  
&7&8      Step L beside R, Cross shuffle R-L-R fwd to L diagonal

1-2      Still on diagonal - Rock-step L fwd, Replace on R  
&3-4      Step L beside R, Step R back, Step L back  
5-6      Rock-step R back, Replace on L  
7&8      Cross Samba (R, L, R) to end up facing R diagonal

1-2      Now facing R diagonal – Rock-step L fwd, Replace on R  
&3-4      Step L beside R, Step R fwd, Pivot turn ½ turn L onto L  
5-6      Step R fwd on diagonal, Pivot turn 5/8 L onto L - 12:00  
7&8      Side shuffle R-L-R- to R

1-2&      Rock-step L back & behind R, Replace on R, Small Step L to L  
3-4      Rock-step R back & behind L, Replace on L  
5&6      Step R to R, Step L beside R, ¼ L Step R back - 9:00  
7&8      L back Coaster (L, R, L)

1-2&      Rock-step R across L, Replace on L, Small Step R to R  
3-4&      Rock-step L across R, Replace on R, Small Step L to L  
5-6      Step R fwd, Pivot ½ turn L onto L - 3:00  
7&8      Side Shuffle R-L-R to R side

[48]

**Tag: At the end of Walls 1, 3, 5 Add**

1&2      L Sailor Step (L, R, L)  
3&4      R Sailor Step (R, L, R) then start again

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