

Cars 3 Ride

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Candee Seger (USA) - August 2017
音乐: Ride (feat. Gary Clark Jr.) - ZZ Ward : (Album: Cars 3 OST)



Intro: 64 counts in - No Tags, No Restarts

Hotlanta USLDCC 2nd place Newcomer/Novice Category 2017

S1: Heel, Step, Heel, Step, R Together R

1,2 Push R Heel Forward, Step R next to L
3,4 Push L Heel Forward, Step L next to R
5,6 Step R to R, Step L next to R
7,8 Step R to R, Hold

S2: Heel, Step, Heel, Step, L Together L

1,2 Push L Heel Forward, Step L next to R
3,4 Push R Heel Forward, Step R next to L
5,6 Step L to L, Step R next to L
7,8 Step L to L, Hold

S3: K Step

1,2 Step R forward to R diagonal (1:30), Touch L toe to R heel
3,4 Return LF to Center, Touch R toe next to L
5,6 Step R back to R diagonal (5:30), Touch L toe to RF
7,8 Return LF to Center, Touch R toe next to L

S4: 1/4 Paddle L, 1/4 Paddle L

1,2 Step R forward (1), Hold (2)
3,4 Turn 1/4 L (weight to L) (3), Hold (4)
5,6 Step R forward (5), Hold (6)
7,8 Turn 1/4 L (weight to L) (7), Hold (8) - 6:00

S5: Hitch R, Step, Rock Side, Step, Hitch L, Step, Rock Side, Step

1,2 Hitch R knee (1), Step on RF (2)
3,4 Rock L to L side (3), Recover R (4)
5,6 Hitch L knee (5), Step on LF (6)
7,8 Rock R to R side (7), Recover L (8)

S6: Kick, Step, Rock Back, Recover, Kick, Step, Rock Back, Recover

1,2 Kick RF forward, Step RF forward
3,4 Rock L back, Recover R
5,6 Kick L forward, Step on L forward
7,8 Rock R back, Recover L (Weight on L)

S7: Flick R, Flick L, Twist Heels R 3x, Hold

1,2 Flick R Heel to R side, Recover R next to L
3,4 Flick L Heel to L side, Recover L next to R
5,6 Twist Both Feet to R first with Heels turning to R (5), Toes (6)
7,8 Heels to R (7), Hold (8) (weight on R)

S8: Flick L, Flick R, Twist Heels L 3x, Hold

1,2 Flick L Heel to L side, Recover L next to R

3,4 Flick R Heel to R side, Recover R next to L
5,6 Twist Both Feet to L —Heels to L (5), Toes L (6)
7,8 Heel to L (7), Hold (8) (weight on L)
