

Lonely Drum AB

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Pia Rossen (DK) - August 2017
音乐: Lonely Drum - Aaron Goodvin

级数: Absolute Beginner



Intro: 40 counts - Weight on Left foot

Easy Restart: on wall 4, facing 3.00

Dance count 8 and start again.

(1-8) STOMP R FWD, R HEEL BOUNCE x 3, STOMP L FWD, L HEEL BOUNCE x 3

1&2 Stomp R fwd (1), lift R heel (&), drop R heel to the floor (2)
&3&4 Lift R heel (&), drop heel to the floor (3), lift R heel(&), drop heel to the floor (4)
5&6 Stomp L fwd (5), lift L heel (&), drop L heel to the floor (6)
&7&8 Lift L heel (&), drop heel to the floor (7), lift L heel (&), drop heel to the floor (8)

(9-16) R ROCKING CHAIR x 2

1-2 Step fwd on R (1), recover weight on L (2)
3-4 Step back on R (3), recover weight on L (4)
5-6 Step fwd on R (5), recover weight on L (6)
7-8 Step back on R (7), recover weight on L (8)

(17-24) VINE R, VINE 1/4 L

1-2 Step R to R side (1), cross L behind R (2)
3-4 Step R to R side (3), touch L next to R (4)
5-6 Step L to L side (5), cross R behind L (6)
7-8 Turn 1/4 L , stepping fwd on L (7), scuff R fwd (8)

(25-32) FWD SCUFF x 2, BACK TOUCH x 2

1-2 Step fwd on R (1), scuff L fwd (2)
3-4 Step fwd on L (3), scuff R fwd (4)
5-6 Step back on R (5), touch L next to R (6)
7-8 Step back on L (7), touch R next to L (8)

Start again.

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