

Elektro Stomp

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Kristyn Regen & Kevin Abrams (USA) - August 2017
音乐: S.T.O.M.P. - Elektrohorse



[1-4] Stomp, Heel Taps

1-4 Stomp L Heel Tap L 3 counts

[5-8] Stomp, Heel Taps

5-8 Stomp R Heel Tap 3 counts

[1-4] Rock, Recover Coaster Step

1-4 Rock L Forward, Recover onto R, Step L Back, Step R Together, Step L Forward

[5-8] Step Turn Shuffle Step

5-8 Step R Forward, Turn ½ Turn Over L Shoulder, Shifting Weight to L Step, R forward Step, L together Step R forward

[1-4] Heel Switch Back

1-4 Moving back tap L heel forward, switch stepping L together while tapping R heel forward, repeat with L and R

[5-8] Swivel Right

5-8 Stepping together twist feet toward R heel R toes R heel R toe R heel

[1-4] Paddle ½ R

1-4 Paddle ½ turn R over R shoulder pushing 3 steps using L foot around landing on L foot

[5-8] Paddle ½ L

5-8 Paddle ½ turn L over L shoulder pushing 3 steps using R foot around landing on R foot

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