

Easily Bored

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Claire Denney (CAN) - August 2017
音乐: Bored to Death - Eric Hutchinson



Start on Lyrics

R. SHUFFLE FWD, SIDE ROCK, RECOVER, L. SHUFFLE FWD, SIDE ROCK, RECOVER

1 & 2 Step right forward, L. step beside R. , R. step forward
3 - 4 Left rock left side, Recover onto R
5 & 6 Step left forward, R. step beside L, L. step forward
7 - 8 Right rock right side, Recover onto L

STEP BACK, TOUCH, STEP BACK, TOUCH, BACK ROCK, RECOVER, BACK ROCK, RECOVER

1 - 4 R. step back, Touch L. to L. side, L. step back, Touch R. to R. side
5 - 8 R. back rock, Recover on to L, R. back rock, Recover on to L.

STEP FORWARD, SWEEP, CROSS, SWEEP, JAZZ BOX

1 - 2 R. step forward, Sweep L across R.
3 - 4 L. step over R, Sweep R. across L
5 - 8 R. jazz box

1/4 Right Monterey, Tap, Kick, Tap, Kick

1- 4 Touch right, Turn 1/4 right step beside L, Touch L, L. step beside R 3:00
5 - 8 R. tap beside L, R. kick forward, R. tap beside L, R. kick forward

I needed a beginner dance to compliment Ria Vos's excellent popular dance Bored.
Try a floor split to include both level of dancers to enjoy the music.

Contact: claire.denney1@gmail.com

Last Update - 27th Aug 2017
