

Choose Life

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Karen Hannaford (NZ) - August 2017
音乐: Choose Life - Debby Boone : (Album: Choose Life)



Start after 32 counts (on the lyrics)

[1-8] SCUFF R, CROSS, BACK, SIDE, SCUFF L, CROSS, BACK, SIDE

1,2,3,4 Scuff R fwd, cross R over left, step L back, step R to side - 12:00
5,6,7,8 Scuff L fwd, cross L over right. Step R back, step L to side - 12:00

[9-16] ¼ PIVOT, ¼ PIVOT, CROSS, SIDE, BEHIND, SIDE.

1,2,3,4 Step R fwd, pivot ¼ left taking weight on L, Step R fwd, pivot ¼ left taking weight on L - 6:00
5,6,7,8 Cross R over left, step L to side, cross R behind left, step L to side. - 6:00

[17-24] CROSS ROCK, SIDE DRAG, CROSS ROCK, SIDE DRAG.

1,2,3,4 Cross rock R over left, recover weight to L, take a big step R, drag L towards right - 6:00
5,6,7,8 Cross rock L over right, recover weight to R, take a big step L, drag R towards left - 6:00

[25-32] ¼ HITCH, ¼ HITCH, ¼ HITCH, BACK, TOGETHER

1,2 Turn ¼ left stepping R to side, hitch L - 3:00
3,4 Turn ¼ left stepping L to side, hitch R - 12:00
5,6 Turn ¼ left stepping R to side, hitch L - 9:00
7,8 Step L back, step R tog - 9:00

[33-40] FWD, HOLD, TOG, OUT, OUT, BACK, TOG, FWD, ½ PIVOT

1,2&3,4 Step L fwd, hold, step R together, step L out to left diagonal, step R out to right diagonal - 9:00
5,6,7,8 step L back to centre, step R next to left, step L fwd, pivot ½ right taking weight on R - 3:00

[41-48] FWD, HOLD, TOG, OUT, OUT, BACK, TOG, FWD, ¼ HITCH

1,2&3,4 Step L fwd, hold, step R together, step L out to left diagonal, step R out to right diagonal - 3:00
5,6,7,8 step L back to centre, step R next to left, step L fwd, turn ¼ right hitching R leg - 6:00

[49-56] SIDE, HOLD, TOG. SIDE ROCK, RECOVER, CROSS ¼, ¼, CROSS

1,2&3,4 Step R to right side, hold, step L tog, rock R to side, recover weight on L - 6:00
5,6,7,8 Cross R over left, turn ¼ right stepping L back, turn ¼ right stepping R to side, cross L over right - 12:00

[57-64] SIDE, HOLD, TOG. SIDE ROCK, RECOVER, CROSS ¼, ¼, CROSS

1,2&3,4 Step R to right side, hold, step L tog, rock R to side, recover weight on L - 12:00
5,6,7,8 Cross R over left, turn ¼ right stepping L back, turn ¼ right stepping R to side, cross L over right - 6:00

Start again!

WALL 2 – Dance to count 52 and Restart (Wall 2 starts facing 6:00 and Restart happens facing 12:00)

TAG – at the end of wall 4 add the following 4 count Tag

1,2,3,4 Rock R fwd, recover weight on the L, rock R back, recover weight on L (Rocking chair)

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