

拍数: 64 墙数: 2 级数: Intermediate
 编舞者: Sebastiaan Holtland (NL) - August 2017
 音乐: Reggaetón Lento (Remix) - CNCO & Little Mix : (iTunes & other mp3 sites)



Restart in wall 3, after 16 counts (facing 6 o'clock).

Introduction: Start after the words "Boy, I Can", start at the word "See" on approx 10 sec.

Part 1. [1-8] Side, Back Rock R / Recover with ¼ L, Side, Close, Together, L Side, Close, Together, R Side, Behind, ¼ Turn R, Side.

- 1,2& Step L to L (1), Step R behind L (2), Making ¼ turn L (9.00) recover back onto L (&).
- 3 Step R to R (3).
- 4&5 Step L next to R (4), Step R in place (&), Step L to L (5).
- 6&7 Step R next to L (6), Step L in place (&), Step R to R (7).
- 8& Step L behind R (8), Making ¼ turn R (12.00) step R to R (&).

PART 2. [9-16] Press with Sweep L, Sailor Step with ¼ Turn R, Samba Diamond ¼ Turn R with Hitch.

- 1-2 Press L across R (1), Recover back onto R and Sweep L from front to Back (2).
- 3&4 Step L behind R (3), Make ¼ turn R (3.00) step R to R (&), Step L slightly forward (4).
- 5&6& Step R across L (5), Step L to L (&), Making 1/8 turn R (4.30) step R back (6), Hitch L knee up (&).
- 7&8 Step L back (7), Step R to R squaring up at (6:00) (&), Step L forward (8).

(NB: Restart here in Wall 3 after 16 counts, after start again (facing 6 o'clock).

(NB: Note Restart: At the above counts 7&8: Finish with a touch, for the restart).

PART 3. [17-24] Mambo Steps R, L Fwd & Back, Volta ½ R Arch.

- 1&2 Step R forward (1), Recover back onto L (&), Step R slightly back (2).
- 3&4 Step L back (3), Recover back onto R (&), Step L slightly forward (4).
- 5&6& Step R forward (5), Small Step L to L (&), Step R across L (6), Small Step L to L (&).
- 7&8 Step R across L (7), Small Step L to L (&), Step R across L squaring up at (12:00) weight onto R (8).

PART 4. [25-32] Mambo Step L, R Side Mambo Cross, Volta ½ L Arch.

- 1&2 Step L forward, Recover back onto R, Step L slightly back.
- 3&4 Step R to R, Recover back onto L, Step R slightly across L.
- 5&6& Step L forward (5), Small Step R to R (&), Step L across R (6), Small Step R to R (&).
- 7&8 Step L across R (7), Small Step R to R (&), Step L across R squaring up at (6:00) weight onto L (8).

PART 5. [33-40] Hip Rolls R, L, R, L, Samba Diamond ¼ Turn R with Hitch.

- 1-4 Step R to R roll R hip from R to L (1), Recover back onto L (2), Step R to R roll R hip from R to L (3), Recover back onto L (4).
- 5&6& Step R across L (5), Step L to L (&), Making 1/8 turn R (7.30) step R back (6), Hitch L knee up (&).
- 7&8 Step L back (7), Step R to R squaring up at (9:00) (&), Step L forward (8).

PART 6. [41-48] Samba Diamond ¼ Turn R, Cross & Back with ¼ Turn R, Coaster Step L.

- 1&2 Step R across L (1), Step L to L (&), Making 1/8 turn R (10.30) step R back (2),
- 3&4 Step L back (3), Step R to R squaring up at (12:00) (&), Step L forward (4).
- 5&6 Step R across L (5), Make ¼ turn R (3.00) step L back (&), Step R back (6).
- 7&8 Step L back (7), Step R beside L (&), Step L forward (8).

PART 7. [49-56] Bota Fogo R, Cross Samba with ½ Turn L, Bota Fogo R, Cross Samba with ¼ Turn L.

- 1&2 Step R forward (1), Step L to L (&), Recover back onto R (2).
3&4 Step L across R (3), Make ½ turn L (9.00) step R back (&), step L slightly to L (4).
5&6 Step R forward (5), Step L to L (&), Recover back onto R (6).
7&8 Step L across R (7), Make ¼ turn L (6.00) step R back (&), step L slightly to L (8).

PART 8. [57-64] Syncopated Weave L with Knee Lift L, Sailor Step L with ¼ Turn R, Knee Lift R, Back Rock / Recover with ¼ Turn L, Side, Together Step.

- 1&2& Step R across L (1), Step L to L (&), Step R behind L (2), Lift L knee up (&).
3&4 Step L behind R (3), Make ¼ turn R (9.00) step R to R (&), Step L forward and lift R knee up (4).
5-6 Step R back (5), Make ¼ turn L (6.00) recover back onto L (6).
7&8 Step R to R (7), Step L beside R (&), Step R forward (8).

REPEAT DANCE AND HAVE FUN!!

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