

Mamas Broken Heart

COPPERKNOB
STEPSHEETS

拍数: 76 墙数: 4 级数: Phrased Advanced - Country
编舞者: Johan Bouillon (SA) & Stephan Steyn (SA) - July 2017
音乐: Mama's Broken Heart - Miranda Lambert



Intro: 16 Count intro

Notes: Dance A A B A A B A Tag B

Section A: 32 counts

AS1: CROSS, SIDE, BEHIND, SIDE, CROSS, UNWIND, PREP, SPIN, SIDE

1,2 Cross RF over LF, Step LF to L
3&4 Step RF behind LF, Step LF to L, Cross RF over LF
5,6 Unwind $\frac{3}{4}$ turn placing weight on LF, Step RF fwd prepping L shoulder
7,8 Spin full turn L on RF, step LF to L

AS2: CROSS & HEEL & TOE & HEEL & CROSS, SIDE, TOUCH, UNWIND, JUMP X 2

1&2& Cross RF over LF, Step LF diagonally back, Touch R heel fwd, Step RF in place
3&4& Touch LF behind RF, Step LF diagonally back, Touch R heel fwd, Step RF in place
5&6 Step LF fwd, Step RF to R, Touch L toe behind RF,
&7&8 Unwind $\frac{3}{4}$ turn L placing weight on LF, Jump feet together, Jump feet open

AS3: KICK, STEP, COASTER STEP, $\frac{1}{2}$ TURN KICK, HITCH, BACK, RUN BACK X 3

1,2 Kick RF to 04:30, Step RF back
3&4 Step RF back, Close LF next to RF, Step RF fwd
5&6 Make $\frac{1}{2}$ turn L kicking RF back, Hitch RF, Step RF back
7&8 Run back L, R, L

AS4: COASTER STEP, SHUFFLE FWD, TOUCH, $\frac{1}{2}$ T HITCH, TOUCH, SWITCHES

1&2 Step RF back, Step LF next to RF, Step RF fwd
3&4 Step LF fwd, Close RF next to LF, Step LF fwd
5&6 Make $\frac{1}{8}$ turn L touching RF to R, Make $\frac{1}{2}$ turn hitching R, Touch RF to R
&7&8 Close RF to LF, Touch LF to L, Close LF to RF, Touch RF to R

Section B: 44 counts

BS1: $\frac{1}{8}$ T CHASSE R, $\frac{1}{4}$ T CHASSE L, $\frac{1}{4}$ T CHASSE R, $\frac{1}{2}$ T CHASSE FWD

1&2 Make $\frac{1}{8}$ turn R stepping RF to R, Close LF to RF, Step RF to R
3&4 Make $\frac{1}{4}$ turn L stepping LF to L, Close RF to LF, Step LF to L
5&6 Make $\frac{1}{4}$ turn R stepping RF to R, Close LF to RF, Step RF to R
7&8 Make $\frac{1}{2}$ turn L stepping LF fwd, Close RF to LF, Step LF fwd (10:30)

BS2: R SAILOR, L SAILOR, STEP $\frac{1}{2}$ T, COASTER STEP

1&2 Cross RF behind LF, Step LF to L, Step RF in place
3&4 Cross LF behind RF, Step RF to R, Step LF in place
5,6 Step RF fwd, Make $\frac{1}{2}$ turn L keeping weight on RF
7&8 Step LF back, Close RF next to LF, Step LF fwd

BS3: R DOROTHY/WIZARD, L DOROTHY/WIZARD, JAZZ BOX

1,2& Step RF to R diagonal, Lock LF behind RF, Step RF fwd
3,4& Step LF to L diagonal, Lock RF behind LF, Step LF fwd
5,6,7,8 Cross RF over LF, Step LF back, Step RF to R, Step LF fwd

BS4: STEP $\frac{1}{2}$ TURN, 1 $\frac{1}{2}$ TURN, (HITCH SCOOT) x2, COASTER STEP

1,2 Step RF fwd, Make $\frac{1}{2}$ turn L placing weight on LF

&3&4 (Make ½ turn L stepping RF back, Make ½ turn L stepping LF fwd) x2
5&6& Hitch RF scooting LF back, Hitch LF scooting RF back
7&8 Step LF back, Close RF next to LF, Step LF fwd

BS5: ROCK RECOVER X2, LARGE SIDE, DRAG, STEP

1,2& Square up to 03:00 rocking RF to R, Recover weight to LF, Close RF to LF
3,4& Rocking LF to L, Recover weight to RF, Close LF to RF
5,6,7,8 Step RF large step to R, Drag LF to R ending weight on LF

BS6: R VAUDEVILLE, L VAUDEVILLE

1&2& Step RF across LF, Step LF diagonally back, Touch R heel fwd, Step RF in place
3&4& Step LF across RF, Step RF diagonally back, Touch L heel fwd, Step LF in place

TAG: (STEP, ½ TURN) X2, CROSS, COASTER STEP, HITCH

1,2 Step RF fwd, Make ½ turn L stepping LF in place
3,4 Repeat 1,2
5,6&7& Cross RF over LF, Step LF back, Close RF next to LF, Step LF fwd, Hitch R
