

Thumb Up

COPPER KNOB
STEPSHEETS

拍数: 128 墙数: 1 级数: Phrased Easy Intermediate
编舞者: Sally Hung (TW) - August 2017
音乐: Thumb Up (엄지 척) - Hong Jin Young (홍진영)



Sequence of dance: ABC/ABCB/ABCC(24)

Intro: 32 counts

SECTION A (64 COUNTS)

A1. WEIGHT SHIFT ON RLRL, SIT, HOLD, SIT, HOLD

1,2,3,4 Step R to R side with weight on R, shift to L,R,L (with hands waving)
5,6,7,8 Sit on R with L toe touching to the L, hold, sit on R with L toe touching to the L

A2. WEIGHT SHIFT ON LRLR, SIT, HOLD, SIT, HOLD

MIRROR STEPS OF A1

A3. ¼ L WALK BACK R-L, ½ R, TOUCH, WALK BACK L-R-L, ¼ L TOUCH

1,2,3,4 Make a ¼ turn L stepping back on R-L, ½ R, touching L beside R
5,6,7,8 Walk back on L-R, ¼ L, touch R beside L

A4. SIDE TOUCH, SIDE TOUCH, WEIGHT ON R WITH R FIST KNOCK TWO TIMES

WEIGHT ON L WITH FIST KNOCK TWO TIMES

1,2,3,4 Step R to R side, touch L beside R, step L to L side, touch R beside L
5,6,7,8 Weight on R with R fist knock two times, weight on L with L fist knock two times

A5. WALK DIAGONAL R, KICK BALL CHANGE X2

1,2,3,4 Walk diagonal R on RLRL
5&6,7&8 Kick R fwd, step on ball of R, step L in place, kick R fwd, step on ball of R, step L in place

A6. WALK CLOCKWISE ON RLRLRL, TRIPLE STEP

1,2,3,4,5,6 Walk clockwise direction on RLRLRL (back to 12:00)
7&8 Triple step in place on RLR

A7. WALK DIAGONAL L, KICK BALL CHANGE X2

MIRROR STEPS OF A5

A8. WALK ANTICLOCKWISE ON LRLRLR, TRIPLE STEP

MIRROR STEPS OF A6

SECTION B (32 COUNTS)

B1. CROSS SIDE BEHIND SIDE (X2)

1,2,3,4 Cross R over L, step L to L side, cross R behind L, step L to L side
5,6,7,8 Repeat 1-4

B2. CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK RECOVER, SIDE ROCK, HOLD

1,2,3,4 Cross rock R over L, recover onto L, rock R to R side, recover onto L
5,6,7,8 Cross rock R over L, recover onto L, rock R to R side, hold (weight on R)

B3. CROSS SIDE BEHIND SIDE (X2)

MIRROR STEPS OF B1

B4. CROSS ROCK RECOVER, SIDE ROCK RECOVER, CROSS ROCK RECOVER, SIDE ROCK, HOLD

MIRROR STEPS OF B2

SECTION C (32 COUNTS)

C1. SIDE TOGETHER, SIDE TOGETHER, SIDE. SIDE TOGETHER, SIDE TOGETHER, SIDE

1,2,3&4 Step R to R side, step L together, step R to R side, step L together, step R to R side

5,6,7&8 Step L to L side, step R together, step L to L side, step R together, step L to L side

C2. SIDE TOGETHER X4

1,2,3,4 Step R to R side, touch L together, step L to L side, touch R together

5,6,7,8 Repeat 1-4

C3. VINE R WITH TOUCH, CHASSE L, BACK ROCK RECOVER

1,2,3,4 Step R to R side, cross step L behind R, step R to R side, touch L beside R

5&6,7,8 Step L to L side, step R together, step L to L side, rock back on R, recover onto L

C4. CROSS, POINT, CROSS POINT, BACK, POINT, BACK POINT

1,2,3,4 Cross step R over L, touch L to L side, cross step L over R, touch R to R side

5,6,7,8 Step back R behind L, touch L to L side, step back L behind R, touch R to R side

Have Fun!

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