

All On Me

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Tyra Farris (USA) - August 2017
音乐: All On Me - Devin Dawson



#16 Count Intro

S1: STEP BACK, TOUCH, TRIPLE, ½ PIVOT, SWAY

1,2,3&4 R Step Back (1), L Touch In Front Of R Toe (2), L Step Forward (3), R Step Next To L (&), L Step Forward (4)

5,6,7,8 Step R Forward (5), Turn ½ Left Transfer Weight To L (6), Sway Hips Right (7), Sway Hips Left (8) Facing 6 O'clock

*(FIRST RESTART AFTER SECOND WALL)

S2: NIGHT CLUB RIGHT, SIDE BEHIND 1/4 TURN, 1/2 PIVOT, STEP LOCK FORWARD

1,2&3&4 R Step To Right (1), L Cross Behind R (2), R Cross Over Left (&), L Step To Left (3), R Cross Behind L (&), L Step Forward Turning ¼ Left (4) Facing 3 O'clock

5,6,7&8 R Step Forward (5), Turn ½ Left Taking Weight On L (6), R Step Forward (7), Bring L Up Behind R (&), R Step Slightly Forward (8) Facing 9 O'clock

S3: ROCK & CROSS FORWARD 2 X'S, ROCK RECOVER, STEP TOUCH 2 X'S, STEP

1&2,3&4 L Step to Left (1), R Step In Place (&), L Step Forward Crossing Over R (2), R Step To Right (3) L Step In Place (&), R Step Forward Slightly Crossing Over L (4)

5,6,&7&8& L Step Forward (5), Recover Weight Back On R (6), L Step Back (&), R Touch In Front Of L Bending R Knee Slightly (7), R Step Back (&), L Touch In Front Of R Bending L Knee Slightly (8) L Step Back (&)

S4: ROCK BACK RECOVER, KICK BALL CROSS, STEP TOUCH ¼ TURN, TRIPLE FORWARD

1,2,3&4 R Step Back (1), Recover Weight Forward On L (2), R Kick On Slight Diagonal Right (3), R Step On Ball Of R (&), L Cross Over R (4)

5,6,7&8 R Step To Right (5), L Touch Next To R Turning ¼ To Left (6), L Step Forward (7), R Step Next To L (&), L Step Forward (8) facing 6 O'clock

** (SECOND RESTART DURING WALL 6)

S5: SYNCOPATED WEAVE, CROSSING SHUFFLE, ROCK RECOVER CROSSING SHUFFLE, STEP

1,2&3&4 R Step To Right (1), L Step Behind R (2), R Step To R (&), L Cross Over R (3), R Step To Right (&), L Cross Over R (4)

5,6,7&8& R Step To Right (5), Recover Weight Left Onto L (6), Cross R Over L (7), Step L To Left (&), R Cross Over L (8), L Step Slightly To Left And Back

*1st Restart happens after 2 repetition you will start dancing at the front restart actually happens at the back wall (you will just be doing the 1st 8 counts twice)

**2nd Restart happens during 6th wall after 32 counts you will be facing front wall when Restart happens.

Contact: tyralon@yahoo.com