

In the End

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rona Kaye (USA) - August 2017
音乐: In the End (feat. Sam Palladio) - Nashville Cast : (Album: The Music of Nashville)



(Music Available on iTunes and on Amazon.com)

Dance starts after 24 counts, on the vocals.

S1: Two Twinkle Steps L and R With a ½ Turn Right:

1 2 3 Cross L Over R (1), Step R Side Right (2), Recover Weight To L (3) 12:00
4 5 6 Cross R Over L (4) Step L Back As You Turn ¼ To Right (5) Step R Side Right As You Turn
¼ To Right (6) 6:00

S2: Step, Low Kick R, Step Back, Rock Recover ¼ Turn Left (These Are "Sways"):

1 2 3 Step L Forward (1) Lift R Knee (2) Extend R With A Low Forward Kick (3) 6:00
4 5 6 Step R Back (4), Rock L Side L As You Turn ¼ to Left (5) Recover Weight To R 3:00

S3: Twinkle L, Weave:

1 2 3 Cross L Over R (1), Step R Side Right (2), Recover Weight To L (3) 3:00
4 5 6 Cross R Over L (4), Step L Side Left (5), Step R Behind L (6) 3:00

S4: Step, Drag, Step Turn Right, Side Rock L:

1 2 3 Big Step L Side Left (1) Drag R Toe To L For Two Counts (2-3) 3:00
4 5 6 Step R Forward As You Turn ¼ To Right (4), Rock L To Side Left (5) Recover Weight To R
(6) 6:00

****Restart: Wall 4 - With Change Of Step Happens On This 6 Count. Restart To 9:00 Wall.**

S5: Step, Sweep, Step Turn ¼ Right With Hitch L:

1 2 3 Step L Forward (1) Sweep R Around To Front (2-3),
4 5 6 Step R Forward As You Turn ¼ To Right (4), Hitch L Knee up (5-6) 9:00

S6: L Twinkle, Step Sweep Turn ¼ Right:

1 2 3 Cross L Over R (1), Step R Side Right (2), Recover Weight To L (3) 9:00
4 5 6 Step R Forward As You Turn ¼ To Right (4), Sweep L Around To Front (5-6) 12:00

S7: Left Step Lock Step, Step Touch, ¾ Turn L:

1 2 3 Step L Forward (1) Step R In To And Behind L (2), Step L Forward (3) 12:00
4 5 6 Step R Back As You Turn ½ To Left (4), Continue To Turn ¼ To Left (L Is Slightly Above The
Floor) And Touch L Toe In To R (5-6) 3:00

S8: Lunge L With Torso Rotation To Left, Rolling Vine With Full Turn To Right:

1 2 3 Step L Side Left (1) Lunge Into L With Plie And Torso Rotation To Left (2-3) 3:00
4 5 6 Transfer Weight To R As You Turn ¼ To Right (4), 6:00 - Step Back L As You Turn ½ To
Right (5) 12:00 - Step R Side Right As You Turn ¼ To Right (6) 3:00

The dance ends facing your front wall at 12:00 on the "step, drag".....enjoy!

****Change Of Step For The Restart....this will happen on Wall #4 that starts 9:00. Restart happens after counts 4-5-6 in the fourth 6 count. For this 4th 6 count, you are facing 12:00. You will do counts 1-2-3 as they are (the "step, drag") and instead of the step, side rock L, recover R.....you'll still step R forward turning ¼ to the Right (3:00), then step L back as you turn ¼ to Right (6:00) and step R side Right as you turn another ¼ to the Right (4-5-6)...you will be facing 9:00 again, ready for the restart with the L twinkle!**

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