

# Catch Feels (aka Feels)

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Amy Christian (USA) - August 2017  
音乐: Feels (feat. Pharrell Williams, Katy Perry & Big Sean) - Calvin Harris



Intro: 32 counts. Start on Lyrics.

**SIDE, TOUCH, SIDE, TOUCH, ¼ R COASTER, ½, ½ TOG, LOOK RIGHT-BEND BACK-SNAP, LOOK FWD-CLAP,**

1&2&      Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,  
3&4      ¼ R Coaster step turning left, (Prep), [9:00],  
5&6      ½ Turn right, stepping L back, ½ Turn right, stepping R fwd, Step L next to R,  
7-8      Look right as you bend upper body back & Snap fingers by hips(7), Look forward & Straighten up(8),

**R COASTER, SCUFF L, HITCH L, STOMP, ¼ RIGHT TWISTING HEELS, BUMP R, BUMP L,**

1&2      R Coaster Step,  
3&4&      Scuff L, Hitch L, Stomp L, Twist both heels to left side make ¼ right, (Bump), [12:00]  
5&6      Continue to twist both heels, R,L,R,L,R,L,R,L, moving slightly left, transferring weight to L, (Add Bumps),  
7-8      Bump R, Bump L,

**(Option – Don't do Bumps. Instead keep twisting heels on counts &7&8)**

**BIG STEP TO R, LONG WEAVE , CROSS, ¼, ¼,**

1      Take a big step to right on R,  
2&3&      Step L behind R, Step R to side, Step L across R, Step R to right side,  
4&5      Step L behind R, Step R to right side, Step L across R,  
6-8      Cross R over L, ¼ right, stepping L back, ¼ right, stepping R out to side, [6:00]

**ROCK OUT, RECOVER, BALL, ROCK OUT, RECOVER, ¼ ROCK BACK ON R, RECOVER FWD ON L, ½ , ½,**

1-2&      Rock L out to left side, Recover on R (out), Step L next to R,  
3-4      Rock R out to right side, Recover on L (out),  
5-6      ¼ right, Rock back on R [9:00], Recover stepping fwd on L,  
7-8      ½ turn left, stepping back on R [3:00], ½ turn left, forward on L [9:00], (or Walk, Walk).

**Start over!**

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