

Ciao Adios

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tim Schalch - August 2017
音乐: Ciao Adios - Anne-Marie



Dance Starts on Lyrics

(Restart on wall 4, 16 counts in)

[1-8] R knee Roll (In,Out), L knee Roll (In, Out), Kick ball cross, L to Side Hip bumps

1,2 Roll R knee in, out
3,4 Roll L knee in, out
5&6 L kick, L next to R, R cross over L
7&8 L to side, Hip bump RL

[9-16] Syncopated R hip bump, L hip bump, Back R, L, R coaster step

1&2 Step R, Hip bump LR
3&4 Step L, Hip bump RL
5,6 Back R, Back L
7&8 R back, L together, R forward (R Coaster step)

(RESTART Wall 4– last 2 counts, walk straight back – do NOT coaster step – will need to end with weight on L foot)

[17-24] Scissor L, Cross Shuffle, Scissor R, Cross Shuffle

1&2 Side Rock L, Rocker R, Cross L over R
&3&4 R to R side, L Cross, R to R side, L Cross
5&6 Side Rock R, Rocker L, Cross R over L
&7&8 L to L side, R Cross, L to L side, R Cross

[25-32] L Rock, Recover, L Coaster Step, R Rock, Recover, R Back, Unwind ½ turn

1,2 L Rock, Recover R
3&4 L back, R together, L forward (L coaster step)
5,6 R Rock, Recover L
7,8 R cross behind left, Unwind ½ turn R – weight will end on L foot (Facing back wall)

REPEAT

Email: tschalch@aol.com - www.tsentertainmentfl.com