

Forever & Always

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Peter Davenport (ES) - August 2017
音乐: Forever And Always - Shania Twain



#16 Count Intro, Start On Vocals, Approx 17 Seconds, Track 4.07

S1: Side Behind, Shuffle $\frac{1}{4}$ R, Step $\frac{3}{4}$, Chasse

1.2 Step R to R, Cross L behind R 12
3&4 Shuffle $\frac{1}{4}$ R, 3
5.6 Step L, Pivot $\frac{3}{4}$ R (weight on R) 12
7&8 Chasse L, L.R.L 12

S2: Rock Back, $\frac{1}{4}$ R, Reverse $\frac{1}{2}$ R, Rock Back, Full Turn

1.2 Rock R behind L, Replace on L 12
3.4 $\frac{1}{4}$ R step on R, $\frac{1}{2}$ R step back on L 9
5.6 Rock back on R, Replace on L 9
7.8 $\frac{1}{2}$ L step back on R, $\frac{1}{2}$ L step forward on L 9

S3: NC2 Steps, Skate Skate, Forward Shuffle

1.2& Long slide R, on R, Slide & cross L behind R, Recover on R 9
3.4& Long slide L on L, Slide & cross R behind L, Recover on L 9
5.6 Skate forward R.L 9
7&8 R Shuffle forward 9

S4: Rock Replace, $\frac{1}{2}$ Shuffle, Reverse $\frac{1}{2}$ Shuffle, Coaster Step

1.2 Rock forward on R, Recover on L 9
3&4 $\frac{1}{2}$ R Shuffle, turning R.L.R 3
5&6 Reverse $\frac{1}{2}$ L shuffle, step L forward, $\frac{1}{2}$ L, step R to L, Step back on L 9
7&8 R coaster step. 9

S5: Walk Walk, Lock Step, Pivot $\frac{1}{4}$, Cross Shuffle

1.2 Walk forward L.R 9
3&4 L, lock step forward 9
5.6 Step on R, Pivot $\frac{1}{4}$ L 6
7&8 Cross shuffle, R.L.R 6

S6: $\frac{1}{4}$ $\frac{1}{4}$, Cross Shuffle, Side Rock, Behind Side Cross

1.2 $\frac{1}{4}$ R step back on L, $\frac{1}{4}$ R step L to L 12
3&4 Cross shuffle, L.R.L 12
5.6 Rock R out to R, Recover on L 12
7&8 Cross R behind L, Step L to L, Cross R over L 12

S7: Syncopated Side Rocks, Walk Walk, Shuffle Forward

1.2& Rock L out to L, Recover on R, Bring L to R 12
3.4& Rock R out to R, Recover on L, Bring R to L 12
5.6 Walk forward L.R 12
7&8 Shuffle forward L.R.L 12

S8: Pivot $\frac{1}{2}$ L, Pivot $\frac{1}{2}$ L, R $\frac{1}{2}$ Turning Jazz Box Cross

1.2 Step forward R, Pivot $\frac{1}{2}$ L 6
3.4 Step forward R, Pivot $\frac{1}{2}$ L 6

5.6 Cross R over L, $\frac{1}{4}$ R step back on L 3
7.8 $\frac{1}{4}$ R step R to R side, Cross L over R 3

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